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HARLEM COMMUNITY NEWSPAPERS, INC.
"GOOD NEWS YOU CAN USE"

The Harlem Community Newspapers, Inc. Connecting Harlem, Queens, Brooklyn and The Bronx

COMMUNITY HARLEM NEWS

"Good News You Can Use"

Vol. 31 No. 31 July 31, 2025 - August 6, 2025 FREE

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Aug 14

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OUR MISSION STATEMENT

The Harlem Community Newspapers, Inc. will publish positive news and information. Our mission is to deliver "good" and informative news to our readers focusing on health, education, housing, business and employment opportunities. We look for and publish results, not problems. We promote businesses, opportunities and events happening in the communities we serve. We are dedicated to providing our readers with valuable information they can use to improve the quality of life for themselves, their families and our communities.

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Publisher/Editor	Pat Stevenson
Social Media Mgr	Steven Bennett
Proofreader	Hazel Rosetta Smith
Publisher Assistant	Dominic Jones
Theater Writer/Critic	Linda Armstrong
Writer/Social Media	Charlotte Anderson
Travel	Debi Kops
Intl News & Entertainment	Maria Cavenaghi
Society	Audrey Bernard
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Feature Writer	Erin Lewenauer
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Writer/Videographer	George Williams
Book Reviewer	Terri Schlichenmeyer
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Bronx/Queens Writer	Howard Giske
Photographer	Nadezda Tavodova Tezgor
Photographer	Michelle James
Photographer	Seitu Oronde
Marketing Consultant	William A. Rogers

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Mailing: P.O. Box # 1775, New York, New York 10027
Phone: 646-988-1015•
Email: harlemnewsinc@aol.com
Website: www.harlemcommunitynews.com
Twitter: @harlemnewsinc • Facebook: /harlemnewsinc
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PAT STEVENSON

This week, Harlem bursts into celebration as HARLEM WEEK 2025 kicks off its 51st annual festival under the theme "Celebrate Our Magic." From August 1–17, there will be many events including Senior Citizens Day (Aug 1), Summer Streets block parties (Aug 2, 9, 16), Climate Change Conference (Aug 6), Uptown Night Market (Aug 7 & 14), and the grand finale HARLEM DAY (Aug 17) featuring three stages of entertainment, global cuisine, and cultural showcases. (see full calendar lising on page 13)

In a powerful show of unity, the Black Church and Black Press have announced a historic partnership to confront systemic disparities in Black communities. Led by faith leaders and the National Newspaper Publishers Association, the coalition will focus on education, economic equity, and civic engagement, declaring: "When we act as one, we cannot be ignored or denied." (see page 3)

On August 14, the Harlem Tourism Board will host a Cultural Tourism & Hospitality Conference at the Harlem Renaissance Marriott. The event will spotlight Harlem's new "City Within a City" campaign and feature a special appearance by His Royal Majesty Buipe Wura Jinapor II of Ghana, who will announce a cultural partnership and receive a ceremonial Key to Harlem. (see page 10)

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Pat Stevenson
Celebrating
31 years Publishing

Black Church and Black Press Unite to Empower Black America

In a historic announcement, a coalition of leading Black faith organizations and the National Newspaper Publishers Association (NNPA) unveiled a strategic partnership and plan to confront systemic disparities impacting African American communities nationwide.

Dr. Boise Kimber, President of the National Baptist Convention, USA, Inc.; Bishop J. Drew Sheard, Presiding Bishop of the Church of God in Christ (COGIC); Dr. Samuel Tolbert, President of the National Baptist Convention of America; and Dr. Benjamin F. Chavis Jr., veteran civil rights leader and President of the NNPA, are leading this collaboration between the Black church and Black Media.

"There is strength in unity. There is power in our collective voice. There is hope in our actions," said Dr. Boise Kimber.

For generations, African American communities have endured deep-rooted inequities in healthcare, education, criminal justice, economic opportunity, and access to capital. These challenges are not new. The coalition intends to put an end to fragmented responses and speak with one clear, concise and consolidated voice.

The Black Church and Black Media, two institutions that have long anchored and uplifted Black America, are now coming together with renewed focus and purpose.

This partnership is grounded in shared values, spiritual conviction, cultural empowerment, and an unwavering commitment to truth, justice, and progress.

The coalition will focus on five core initiatives:

Shaping a unified national narrative that challenges harmful stereotypes and amplifies stories of Black resilience, excellence, and innovation

Mobilizing faith-based and media networks to address community disparities through solutions-focused advocacy and outreach

Holding corporate America accountable by demanding responsible reinvestment in Black communities through sustainable partnerships, economic equity, and community-led development

Empowering the next generation by reclaiming our narratives and creating new pathways for education, leadership, and entrepreneurship

Holding elected officials accountable by spotlighting those whose policies do not align with the interests of the Black community. To earn our votes, they must heed our voices.

(l-r) Dr. Boise Kimber, President of the National Baptist \ Convention; Dr. Benjamin F. Chavis Jr., President of the NNPA

"This is more than a symbolic gesture; it is a strategic and spiritual alignment." When the Black Church and Black Media speak as one, we can ignite a movement. When we organize as one, we can shift the narrative. When we act as one, we cannot be ignored or denied," the coalition stated.

The coalition invites all stakeholders, faith leaders, media professionals, community organizers, educators, business leaders, and concerned citizens to join this movement for unity, justice, and progress.

BECOME A GREETER

"I was a Greeter for many years in the 90's, showing visitors Harlem. I am still friends with visitors from Australia and the UK, who I spent time with on a greet."

-Tuesday P. Brooks

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Big Apple Greeter

Tuesday P. Brooks

PONDER THIS! Do I Ever Cross Your Mind Anytime?

By Hazel Rosetta Smith

Recording artist, Brian Knight released a song titled ANYTIME. It is always a good idea to look for a line or two in a song that offers meaningful thought and is not always the title. This song carries the same line several times throughout, Do I ever cross your mind anytime…I miss you.

If you are the friend or relative that consistently makes the call to let others know you are thinking of them, then you may at some time feel a lack of reciprocity. Reciprocity is a word that may be felt and yet not voiced as an emotion. It is described in the dictionary as "mutual exchange."

A lack of reciprocity can be associated with any relationship or activity that is obviously one-sided. In recent years the focus has been on mental health issues. Considering this, poor mental health, including depression, could be a lack of reciprocity. Lack of acknowledgment or concern in ways that matter. I believe everyone wants and needs to be thought about and yearns for such proof that someone truly cares. We need to talk and share our hopes and dreams.

It is not selfish to have thoughts of neglect when your phone goes out more than rings in. Who calls to check on you, who returns your call, and more importantly, who actually puts aside their busyness to spend time in a catchup chat.

It is not unreasonable or inconsiderate to think about this. Such thoughts are not to create sadness, but merely to consider where you fit in the lineup of friends, associates, or acquaintances, you have cultivated and continue to support much to your own disappointment.

You cannot say you miss me if you don't make the effort to communicate. The call need not be a marathon episode of useless banter. Listen and respond. Talk time is well spent with both parties' interests, sound advice, love, and especially laughter. Sharing and caring can be felt deeply from a single call that will manifest into welcomed interaction.

Perhaps you have been in conversation anxious to share your good news, but before you could complete your story, the listening party jumps in with something they feel is bigger or more important about them. The conversation is neatly turned in their direction and once again, although you allow the talk to flow from them, you don't hesitate to encourage and express your best wishes.

It is difficult to forget about the compliment or words of encouragement that you expected and seldom receive. In the meantime, continue to be your loving, caring self with no regrets. Believe it, Beloved, somebody cares about you and that must be YOU. Stay steady, life is good. Enjoy every moment of it.

[Hazel Rosetta Smith is a journalist, playwright, and artistic director for HSTM-Help Somebody Theatrical Ministries and HRS Speaks! Retired, former Woman's Editor and Managing Editor of the New York Beacon. Contact: misshazel@twc.com and online www.hazelrosettasmith.com]

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- Learn how to get your business listed in the Connect Harlem App
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- Join the growing wave of economic development through cultural tourism

Delivering Universal After-School Care for Working Families

By Mayor Eric Adams

Working-class families deserve nothing less than a hard-working administration that puts their needs first. And when it comes to child care and after-school programming, this administration has listened to the parents of this city and taken meaningful action to support children and make life more affordable for them.

For too long, too many families have been denied access to affordable child care, including options for young children and after-school programming. Families have struggled due to high costs, forcing them to make hard choices between working to put bread on the table and taking care of their kids, and some have even had to leave the city they love. Parents deserve better, and our administration is delivering for them.

We know that learning doesn't end when the school bell rings at the end of the day. That is why, earlier this year, we announced the goal of achieving universal after-school by creating 20,000 additional K-5 after-school seats for New York City Public School students by the start of the 2027 school year.

Last week, we took another step in delivering on that promise with our first batch of 5,000 new after-school seats for this upcoming school year. We are investing an additional $21 million this school year alone to bring 5,000 new K-5 after-school seats online at 40 schools that never had after-school programming. Starting this fall, 5,000 children in neighborhoods with the most need will have a safe and nurturing place to go when the school day is over. This means 5,000 students and their parents or guardians who will no longer have to choose between work and taking care of their kids — or worse yet, using an iPad as a babysitter.

Instead, children from working-class families will now have a spot in after-school programs where they can learn and thrive. These 5,000 new after-school seats mark the first phase of our promise to commit an additional $331 million for 20,000 new after-school seats over the next three school years and will bring the annual budget for universal after-school to $755 million annually, baselined by Fiscal Year 2028. Baselined means the money will be in the budget forever, as we increase the number of students in after-school programming to 184,000 across our city. That is 184,000 students who will be able to participate in sports, robotics, the arts, field trips, and more — discovering their passions and building relationships with their classmates, while their parents know they are in a safe, learning environment.

Our after-school expansion will also see us raise the provider rates for the non-profit workforce that takes care of our children every day and who have gone over 10 years without an increase in pay. This means life will become more affordable for not only families, but those taking care of our kids, too.

This work builds on our historic investments in young people, including historic funding for Summer Youth Employment and Summer Rising, and increased and baselined funding for 3-K and special education pre-K. Our administration has also driven down the cost of subsidized child care by over 90 percent since we first came into office. Thanks to our efforts, a family earning $55,000 a year went from spending $55 a week on childcare in 2022 to just $4.80 a week today.

Additionally, we have introduced a historic child care pilot for children 2 years old and younger that puts New York City on the path to universal childcare for low-income families if the pilot is successful.

New York City must be a place where working-class families can afford to live. I know the struggle is real. My mother juggled three jobs just to put food on the table for her six children. Universal after-school and universal child care for low-income families is essential to making sure that every child and every family has the chance to thrive in the greatest city in the world. It takes a city to raise a child, and with universal after-school programming we are ensuring New York City is the best place to raise a family.

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Home Buying in Harlem Be Prepared to Buy Now

By Rev. Dr. Charles Butler

Many Harlem residents are not in a financial position to purchase a home. Although they see their beloved Harlem community transitioning before their eyes, many community residents are not prepared to buy. The truth of the matter is you cannot allow time to pass by. If you are ever going to successfully complete the home buying process, you must first start the process. Remember wishing and hoping will not make it happen. You must prepare for homeownership.

However, too many prospective home buyers appear to be experiencing a 'financial dilemma.' They are facing the challenges of struggling to meet their monthly living expenses, which continue to exhaust their savings. There are fewer affordable properties in Harlem on the market. The asking price for most homes exceed the reach for low to moderate income families.

I understand how overwhelming and complex the home buying process can be, especially for first time buyers. But you must have the courage and confidence to be able to push past your anxieties to make homeownership a reality. Home buying will require you having a good personal purchasing plan and confidence to succeed.

Here are a few helpful tips to assist you in completing the process: (1) Attend the home buyer education workshop with HCCI. This program will equip you with knowledge and provide step by step instructions. You will gain the confidence needed to successfully complete the home buying process. You will learn how to assemble your home buying team from industry professionals. The knowledge acquired of the home buying process will enable you to make better decisions. You will learn how to recognize and avoid falling victim to costly predatory lending practices.

(2) Create a monthly household budget and aggressively save as much money as possible. Avoid all wasteful spending. The home buying process is extremely expensive. You will need lots of money to cover the minimum down payment, closing costs and other fees associated with purchasing a home. Most lenders will require at least 3-4 months mortgage payment in same account after you close on the property. You cannot exhaust all your financial resources just to get to the closing. Managing your money wisely is an essential key to completing the process and becoming a successful homeowner.

(3) Use your credit responsibly. Lenders will want to see 24 months' clean credit history with at least 3-4 active credit accounts. Pay your debts on time. Pay more each month than the minimum amount. Avoid any late fees, penalties, and additional interest payments. By staying on top of your credit debt, you will be increasing your monthly savings. The biggest reasons mortgage applications are denied, is due to poor credit history and high credit debt.

If you are interested in attending the workshop or have questions regarding the home buying process, contact Rev. Dr. Charles Butler at (212) 281 4887 ext. 231 or email at cbutler@hcci.org.

HARLEM CALENDAR OF EVENTS

July 21-Aug 21 (Thursdays)
Harlem Summer Stage Series at Adam Clayton Powell Jr. Plaza.
The free concerts feature a rich lineup, from jazz and gospel to R&B and funk. Highlights include:Camille Gainer Jones (jazz drummer) and Charles Turner III with Uptown Swing Delivered (gospel fusion group) Ty Stephens and SoulJazz, bringing smooth R&B vibes
Bartlett Contemporaries, closing out with five decades of funk and soul

July 31, 5 PM–7 PM
Summer Stage in Harlem – R&B Night
Free R&B night as part of the weekly summer concert series. Being held at ACP State Office Building Plaza, 163 W 125th St

August 1, 6 PM–7:30 PM
Jazz Series in Historic Harlem Parks
Free concluding summer jazz concert at Jackie Robinson Park Bandshell.

Aug 14
The Uptown Night Market
Harlem's beloved monthly celebration of food, culture, and community. Being held at the Old Fairways Parking Lot (2328 12th Ave, the market runs one Thursday a month

Phil Young Experience at Langston Hughes House, 20 W. 127th St
Every Thursday - $20 Suggested Donation

IMAX Brings Back Prince's Genius in "Sign O' The Times"

By Stacy M. Brown, Black Press USA

Prince is back—this time in a format as epic as the artist himself.

For one night only, fans can relive Sign O' The Times in stunning IMAX. On August 28, AMC theaters across the country will host opening night screenings of the iconic 1987 concert film, and attendees will receive a collectible, concert-style ticket. The film's official IMAX release begins globally on August 29, but early access showings are reserved for those ready to celebrate the Purple One in his full glory. Directed by Prince and originally released in 1987, Sign O' The Times captures the artist at the height of his creative power—blending jaw-dropping live performances with cinematic storytelling. Thanks to IMAX's proprietary remastering process, the film has been transformed with precision surround sound, crystal-clear visuals, and immersive theater geometry that puts fans in the middle of the magic.

The re-release features some of Prince's most unforgettable tracks: the sultry "If I Was Your Girlfriend," the fiery duet "U Got The Look" with Sheena Easton, and the anthemic title track "Sign O' The Times," which speaks to the social and political chaos of its era—lyrics that still resonate today. Prince's stagecraft, musicianship, and style shine through in every frame. With longtime collaborator Sheila E. and a full band of elite talent, the concert film isn't just a time capsule—it's a masterclass in performance and artistry.

Born in Minneapolis on June 7, 1958, Prince Rogers Nelson was a musical prodigy whose work shattered boundaries. After teaching himself to play piano, drums, bass, and guitar as a child, Prince recorded his debut album For You at the age of 20—producing, composing, and performing nearly every part himself. What followed was a run of genre-bending albums from 1980 to 1988 that made Prince a global force. 1999, Purple Rain, Parade, and Sign O' The Times pushed the limits of pop, funk, soul, rock, and everything in between. His 1984 film Purple Rain became a cultural phenomenon, and in 1987, Prince opened his own creative headquarters: Paisley Park Studios. Prince's legacy is about more than hits and headlines. He fought publicly for artists' rights, famously protesting Warner Bros. by changing his name to an unpronounceable symbol. He demanded ownership of his masters—and ultimately won. He also used his platform to address racism, injustice, and freedom in songs like "Dreamer," "Baltimore," and "Colonized Mind."

His 2007 Super Bowl halftime performance—delivered in a downpour—remains the most acclaimed in NFL history. Until his death on April 21, 2016, Prince continued mentoring young musicians, releasing new music, and delivering unforgettable performances. Prince won seven Grammy Awards, an Oscar for Purple Rain, and was inducted into the Rock and Roll Hall of Fame in 2004. In recent years, he received a posthumous doctorate from the University of Minnesota and was inducted into the Songwriters Hall of Fame. Now, with the re-release of Sign O' The Times in IMAX, a new generation can witness the brilliance, the boldness, and the beauty of Prince in full scope.

For fans who lived it the first time, and for those who never got the chance—this is not just a movie. It's a reminder of the awe-inspiring greatness of Prince.

Royalty Comes to Harlem

by William A. Rogers

The first annual Harlem Cultural Tourism Summit will take place during HARLEM WEEK on Thursday August 14th at the Harlem Renaissance Marriott Hotel. The focus of the Cultural Tourism summit will be in three segments: The introduction of the City Within A City marketing campaign, The Harlem the birthplace of the Big Apple marketing campaign and the Cultural Tourism partnership announcement and marketing campaign between the Harlem Tourism Board and Northen Ghana.

His Royal Majesty Buipe Wura Jinapor II will lead a delegation that will travel to Harlem for the conference. Many will be staying at the Harlem Renaissance. Jinapor II is Paramount chief of the Buipe Traditional Area and the President of the Buipe Traditional Council of Chiefs.

Chief Jinapor will officially announce the cultural tourism partnership between the Harlem Tourism Board and Northen Ghana. HTB will present Chief Jinapor with a Key to Harlem. A key to Harlem will also be presented to Dr. Tengol K. Kplemani, the Co-Founder of the Cultural Oneness Festival which takes place in December.

Dr. Kplemani and I met a few years ago in the WHCR 90.3 FM radio station. He was promoting his plans to develop a cultural oneness festival to bring Africans and the African diaspora together. The WHCR African connection show was before my Urbanology show.

I was introduced to Tengol when he completed his interview. When he learned that I was a co-founder of HARLEM WEEK he asked me to be an advisor to the December Ghana festival now in its fourth year. Dr. Kplemani has been the key to my involvement in the development of the Cultural tourism industry between Harlem and Northen Ghana.

The "Harlem the Birthplace of the Big Apple" segment will introduce a marketing campaign to allow Harlem to reclaim the Big Apple nickname which was first published in Cab Calloway's Hepster Dictionary in 1939, a glossary of Jive talk during the Harlem Renaissance. On the first page A was Apple, the big town, the Main stem, Harlem. Harlem's nickname as the Big Apple became known globally. In 1971 Gwen Barrett a young public affairs director for WNYW was given the task of developing a tourism PSA. Gwen lived in Harlem and her uncle was a well-known producer for many of the jazz greats like Dizzie Gillespie and Duke Ellington.

His Royal Majesty Buipe Wura Jinapor II

The term Big Apple was familiar to Gwen, Black jazz artist while abroad would say meet you back at the Apple. There was also a famous Harlem night spot, the Big Apple Grill that was located on 135th street and Lenox Avenue.

Gwen Barrett created the successful Big Apple marketing PSA for New York City. Duke Ellington allowed Gwen to use his Big Apple music in her marketing PSA that gave New York the Big Apple nickname and marketing brand. but she never received credit for it.

Ms. Barrett will receive a special award of acknowledgement at the August 14 Cultural Tourism Summitt. Arrangements have been made to have Jermaine "Kissk" Foots who will play Cab Calloway in the upcoming biopic "Chasing Cab,' due for release in December, to be one of the presenters to Ms. Barrett.

Each segment will open with music that will include Jazz, swing dance and African drumming. Visit Eventbrite to register but don't wait to late. Visit www.harlemtourismboard.com for additional information.

NY City Iron Works: Dedicated to Quality and Community Service

By Tonya Sims

New York City moves fast, and for businesses to make their mark, they need more than just a good product. NY City Iron Works in the Bronx has mastered this, building an outstanding reputation on the foundation of excellent craftsmanship and unparalleled customer service. At the helm of this thriving family business are Fred and Madelyn Fermin, a powerhouse duo dedicated to their craft and community.

Fred, the artistic visionary, leads a skilled team in transforming raw iron into elegant and functional pieces. From ornate fences that enhance the curb appeal of brownstones to robust security gates that offer peace of mind, their creations are a testament to meticulous detail and time-honored techniques. Their commitment to quality craftsmanship at fair prices remains unwavering, and the excellence of their work hasn't gone unnoticed. Their Bronx shop recently served as a backdrop for a scene in the television series Law & Order, showcasing their New York presence. Every piece that leaves their workshop carries the mark of experienced hands and a commitment to lasting quality.

On the other side of the operation, Madelyn handles all the customer support and administrative logistics, ensuring every client interaction is as solid and dependable as the ironwork itself. Fred and Madelyn make it a priority to listen carefully to their customers, taking the time to understand their needs and preferences. No detail is too big or too small, and this personalized approach fosters deep trust and lasting relationships with their clientele. They also make a conscious effort to work with various budgets to ensure everyone can feel secure in their homes without financial strain.

Beyond their dedication to clients, NY City Iron Works is deeply committed to giving back to the community. They firmly believe in making their services accessible and actively invest in the Bronx and beyond. This commitment extends to hosting community events, sponsoring a local baseball team, organizing neighborhood cookouts, and other community initiatives. A heartwarming example of their generosity is the installation and painting of a donated gate for a customer in her nineties, allowing her to feel more secure in her home.

The journey of Fred and Madelyn is a compelling narrative of entrepreneurial spirit. They envisioned a business where artistry, reliability, genuine care, and fair pricing went hand in hand, and through sheer hard work and unwavering determination, they've brought that vision to life. Their business is a testament to the fact that with a dream, hard work, and determination, you can truly make it happen, even in a fast-moving city.

For those seeking exceptional ironwork in New York City, where your needs will be addressed with care and expertise, NY City Iron Works isn't just a choice; it's a trusted partner! You can call them for a free estimate at 347-340-5855 (Cell) or 347-416-4924 (Office), or visit their shop at 1088 Brook Avenue, Bronx, New York 10456. You can also follow them on Instagram and TikTok.

HARLEM WEEK CELEBRATION 2025

”The Magic and Cultural Legacy of Harlem” - August 1-17

The 51st annual HARLEM WEEK returns August 1-17 for more than two weeks of live and virtual experiences to celebrate the rich arts and culture, people, entertainment and history of Harlem. Centered around the theme, “Celebrate Our Magic,” this year’s curation of festivities emphasize HARLEM WEEK’s mission of providing a spiritual boost and positivity for Harlem, New York City and the “Harlems of the World.”

“Our rich history and culture is just that, magic,” said Lloyd Williams, Co-Founder & Chairman of HARLEM WEEK. “From the cultural revival that was the Harlem Renaissance to institutions like the Apollo Theater and the National Jazz Museum In Harlem, this year’s theme embodies that despite challenges we may face, our creativity and our joy is magic.”

For over 50 years, HARLEM WEEK has brought cultural programming to uplift the residents of Harlem. Organized by Hon. Percy Sutton in 1974, the week started as HARLEM DAY as a one-day event to create much needed positivity and pulling the greater Harlem community, businesses, religious, educational, arts and cultural institutions out of the most severe economic and social doldrums that New York City and the nation had faced in generations. Declared by the legendary actor, producer and HARLEM DAY co-founder Ossie Davis as the “Beginning of the Second Harlem Renaissance,” HARLEM WEEK has been instrumental for providing job opportunities while improving infrastructure, transportation, and other areas that directly benefited Harlemites and their neighbors.

This year’s HARLEM WEEK will pay tribute to neighborhood luminaries, including civil rights activist and past NAACP New York State Conference President Hazel Dukes, Congressman Charles B. Rangel, R&B and soul band Kool & The Gang, Grammy Award-winning singer and pianist Roberta Flack, singer/songwriter Angie Stone, musical genius and composer Quincy Jones, hip hop DJ and producer DJ Clark Kent, the centennial birthday of Malcolm X and the street renaming honoring the life and legacy of singer, actor and civil rights activist Harry Belafonte.

With HARLEM WEEK’s emphasis on supporting Black businesses and job creation in the neighborhood, the NYC Jobs & Careers Fair will return on Wednesday, August 13th at The City College of New York. The annual event will feature career development workshops and include more than 40 employers across various industries, including Banking & Finance, City Services, Climate, Health, Hospitality, Transportation and more.

“CCNY is proud to support and participate in HARLEM WEEK,” said Vincent Boudreau, President of City College of New York. “The job fair that we host represents a key opportunity for Harlem residents and visitors to make professional connections and for employers who come to the fair to appreciate the tremendous talent living in our community. HARLEM WEEK celebrates that talent in all its various aspects, and it’s a joy for us to be part of the celebration.”

The annual celebration will provide numerous opportunities for children, including the virtual HARLEM WEEK Hack-a-Thon and Youth Conference on Monday, August 11th, the Alex Trebek Harlem Children’s Spelling Bee on Saturday, August 16th, and the NY City Children’s Festival at Howard Bennett Playground on Saturday, August 16th and Sunday, August 17th, where children ages 5 to 12 can enjoy storytelling, performances, arts & crafts, face painting, double dutch competitions and much more.

The Black Health Matters/ HARLEM WEEK Summit & Expo on Thursday, August 14th will focus on the theme “Where Health Meets Heritage” to address both physical and emotional wellness with discussions, free health screenings and prizes. During the event at The Riverside Church, leading health professionals and patient advocates will share their stories and provide strategies to power forward by taking advantage of all that science has to offer.

HARLEM WEEK and the Greater Harlem Chamber of Commerce would like to thank our premiere sponsors: Amazon Access, City College of New York and Chase Bank. “At Amazon, we believe our success and scale bring broad responsibility,” said Nancy Dalton, Director of Amazon Access. “Organizations like the Greater Harlem Chamber of Commerce understand the unique needs of their community better than anyone else. Together, we’re creating more effective pathways to affordable, nutritious food.”

Other HARLEM WEEK marquee events include:

● NY CIty Senior Citizens Day (Aug. 1) – This year, Senior Citizens Day will kick off HARLEM WEEK with a variety of live and virtual components. Onsite events at the Adam Clayton Powell, Jr. State Office Building, include health demonstrations, health testing, performances, the Demystifying Technology panel, the Senior Citizen Hat Fashion Show and more. Watch portions live here on the website.

● Summer Streets Celebrating HARLEM WEEK (Aug. 2, 9, 16) – Enjoy the hottest block party in the nation. A Saturday of non-stop fun on the streets of Harlem! New Yorkers and visitors are invited to come together for the things they love doing, including biking, walking, running, jumping, meditating, skipping, skating, dancing and enjoying live music.

● Climate Change Conference (Aug. 6) – Presented by Columbia Climate School & The Greater Harlem Chamber of Commerce, the third annual conference will look into the disproportionate negative impact of climate change on communities and countries of color. Local researchers, government agencies and community leaders will speak about the challenges New York City faces and share opportunities to empower communities like Harlem to lead the way into a cleaner, safer and healthier tomorrow.

● Harlem Summerstage (Aug. 7, 14, 21) – Taking place at the Adam Clayton Powell, Jr. State Office Building, Harlem Summerstage will feature performances from a variety of local musicians.

● Uptown Night Market (Aug. 7, 14) – The beloved food event is a must-attend for any food lover, featuring a celebration of cuisines worldwide, cultures with diverse performances and communities with various all-family activities, with a variety of food vendors. For additional information, click here.

● Percy Sutton Harlem 5K Adult Run & 4523Children’s Run (Aug. 9) – Sponsored by New York Road Runners, the Percy Sutton Harlem 5K Run attracts runners and walkers from New York, the Tri-state area, nationally and internationally. According to many runners, this event is second in popularity throughout the city only to the New York City Marathon. Children ages 2 to 18 of all abilities can participate in the Children’s Run and celebrate the vibrant history and culture of Harlem.

● Hazel Dukes Memorial Family Health Walk (Aug. 9) – The Hazel Dukes Memorial Family Health Walk promotes community health and awareness through physical activity, while celebrating a heroine of Harlem and the Harlems of the world, the late Hazel N. Dukes.

● Great Jazz on the Great Hill (Aug. 9) – Jazzmobile and the Central Park Conservancy present Great Jazz on the Great Hill, featuring performances from internationally acclaimed artists at the Great Hill in Central Park.

●A Great Day in Harlem – HARLEM WEEK’s first official outdoor event honoring HARLEM WEEK featuring a full day of live entertainment, food, and fun for the entire family. The four-part evening takes place at the historic Ulysses S. Grant National Memorial, showcases and celebrates Harlem’s iconic global cultural significance.

● Summer in the City (Aug. 16) – HARLEM WEEK’s second largest day of events, “Summer in the City” features a full day of activities, including performances from local, national and international artists, Harlem Broadway Row performances, the highly anticipated adult urban fashion show, health testing stations, hundreds of food vendors, arts & crafts, music, jewelry, hats, sculptors, games and corporate exhibitions.

● HARLEM WEEK/IMAGENATION Outdoor Film Festival (Aug. 16) – At the conclusion of Summer in the City, the Outdoor Film Festival will provide a free outdoor film screening of Wicked under the stars on the Great Lawn of St. Nicholas Park.

● HARLEM DAY (Aug 17) - The largest and final day of HARLEM WEEK, featuring three stages of entertainment, the Harlem Health Village, Harlem Broadway Row, performances from Broadway productions, local, national and international artists in various musical genres from Jazz, R&B, Hip-Hop, Gospel, Reggae, Soca, Latin and more. Plus hundreds of food vendors, arts & crafts, music, jewelry, hats, sculptors, corporate exhibitors and games.

HARLEM WEEK CELEBRATION 2025

Events Listing August 1-17

Friday, August 1, 2025 - NY City Senior Citizens Day

●Our NY City Senior Citizens Day honors the elders who shaped Harlem's legacy with live music, wellness activities, FREE health screenings, community resources, celebrating their impact in a day full of joy and connection.

○Demystifying Technology - The panel, in partnership with Silicone Harlem, empowers seniors with the tools to navigate the digital world confidently. It offers practical guidance on using smartphones, accessing online services, and understanding digital safety.

●Admission: By invitation

●Location: Adam Clayton Powell, Jr. State Office building, 163 W. 125th St, Harlem, USA

Saturdays August - 2, 9, 16, 2025 - NYC Summer Street Celebrate HARLEM WEEK

● Summer Streets Celebrating HARLEM WEEK – Enjoy the hottest block party in the nation. A Saturday of non-stop fun on the streets of Harlem! New Yorkers and visitors are invited to come together for the things they love doing, including biking, walking, running, jumping, meditating, skipping, skating, and plenty of room for dancing in the streets

●Time: 7:00 AM - 3:00 PM

●Admission: FREE! & Open to the Public

●Location: Harlem Open Streets will run from 110th to 125th Street.

Wednesday, August 6, 2025 - Climate Change Conference

●Presented by Columbia Climate School & The Greater Harlem Chamber of Commerce, the third annual conference will look into the disproportionate negative impact of climate change on communities and countries of color. Local researchers, government agencies and community leaders will speak about the challenges New York City faces and share opportunities to empower communities like Harlem to lead the way into a cleaner, safer and healthier tomorrow.

●Time:

●Admission: FREE! Open to the Public

●Location: Adam Clayton Powell State Office Building, 163 West 125th Street.

Thursday, August 7, 2025 - Harlem Summerstage

●Taking place at the Adam Clayton Powell, Jr. State Office Building, Harlem Summerstage features live performances from a variety of local musicians and performing artists.

●Time: 5:00 PM - 7:00 PM

●Admission: FREE & Open to the Public

●Location: Adam Clayton State Office Plaza

163 West 125th Street & Adam Clayton Powell Jr. Blvd

Thursday, August 7, 14 2025 - Uptown Night Market

●The beloved food event is a must-attend for any food lover, featuring a celebration of cuisines worldwide, cultures with diverse performances and communities with various all-family activities, with a variety of food vendors. For additional information, click here.

●Time: 4:00 PM

●Admission: FREE & Open to the Public

●Location: 12th Avenue at 133rd Street

Saturday, August 9, 2025 - Percy Sutton Harlem 5K Run & Children's Run

●Sponsored by New York Road Runners, the Percy Sutton Harlem 5K Run attracts runners and walkers from New York, the Tri-state area, nationally and internationally. According to many runners, this event is second in popularity throughout the city only to the New York City Marathon. Children ages 2 to 18 of all abilities can participate in the Children's Run and celebrate the vibrant history and culture of Harlem. Click here for more information. Every finisher will receive a New Balance lunchbox.

●Hazel Dukes Memorial Family Health Walk – The Hazel Dukes Memorial Family Health Walk promotes community health and awareness through physical activity, while celebrating and honoring Harlem's own, the late Dr. Hazel N. Dukes.

●Time: Run - 8:35 AM/Walk - 9:20 AM

●Admission: Registration is required. Click here for more information.

●Location: The starting line is @ St. Nicholas Avenue at 135th Street.

● Great Jazz on the Great Hill (Aug. 9) – Jazzmobile and the Central Park Conservancy present Great Jazz on the Great Hill, featuring performances from internationally acclaimed artists at the Great Hill in Central Park.

●Time: 3:30 PM - 7:00 PM

●Admission: FREE & Open to the Public

●Location: Great Hill in Central Park, Central Park West at 106th Street

Sunday, August 10, 2025: "A Great Day in Harlem"

"A Great Day in Harlem" – The first official outdoor event honoring HARLEM WEEK featuring a full day of live entertainment, food, and fun for the entire family. The four-part evening takes place at the historic Ulysses S. Grant National Memorial, showcases and celebrates Harlem's iconic global cultural significance.

●Time: 11 AM – 7 PM

●Admission: FREE & Open to the Public

●Location: West 122nd St. &, Riverside Drive in Harlem

Saturday, August 16, 2025 - Summer in the City

HARLEM WEEK's second largest day events, "Summer in the City" features a full day of activities, including performances from local, national and international artists, the highly anticipated adult & children's urban fashion show, health testing stations, hundreds of food vendors, arts & crafts, music, jewelry, hats, sculptors, games and corporate exhibitions and plenty of room for dancing in the street.

●Time: 12:00 - 6:00 PM

●Admission: FREE & Open to the Public

●Location: 135th Street from St. Nicholas Avenue to Malcom X Blvd

● HARLEM WEEK/IMAGENATION Outdoor Film Festival – At the conclusion of Summer in the City, the Outdoor Film Festival will provide a free outdoor film screening of Wicked under the stars on the Great Lawn of St. Nicholas Park.

●Time: 8:30 PM

●Admission: FREE & Open to the Public

●Location: St. Nicholas Park Great Lawn entrance at 135th Street

Sunday, August 17, 2025 - HARLEM DAY, HARLEM WEEK's biggest day!

HARLEM WEEK's largest date feature three stages of entertainment, the Harlem Health Village, Harlem Broadway Row, performances from Broadway productions, local, national and international artists in various musical genres from Jazz, R&B, Hip-Hop, Gospel, Reggae, Soca, Latin and more. Plus hundreds of food vendors, arts & crafts, music, jewelry, hats, sculptors, corporate exhibitors and games.

Affordable Housing for Rent

1440 AMSTERDAM AVENUE APARTMENTS
147 NEWLY CONSTRUCTED UNITS AT 1440 AMSTERDAM AVENUE, NEW YORK, NY 10027
WEST HARLEM

Amenities: Pet friendly, dog washing station*, covered parking*, assigned parking spaces*, bike storage locker*, electric car charging stations*, pedestrian-friendly walk score, bus stop/public transportation access, shared laundry room*, washer and dryers in units, dishwashers in unit, high end kitchen appliances, high end countertops and finishes, energy efficient appliances, air conditioning*, patio or balcony, smart controls for heating/cooling, common area wi-fi, high-speed internet*, cable or satellite TV*, online payment options for leasing, paying rent and making maintenance requests, gymnasium*, media room*, outdoor areas*, jogging/walking/bike path or access to one nearby, close to schools, recreation room*, outdoor terrace*, rooftop terrace*, sundeck*, BBQ grills & prep kitchen*, co-working space*, storage*, security cameras, doorman, on-site resident manager, package lockers, intercommunication device, elevator, accessible entrance, smoke free, game room*, 24-hour attended lobby, basketball court*, golf simulator* (*additional fees apply). Dogs and cats are allowed. One dog is permitted up to 45 lbs., or two dogs with a combined weight of 80 lbs. Only non-aggressive breeds are permitted. Other pets may be allowed with prior management approval. There are no breed or weight restrictions for emotional support or service animals. A refundable pet deposit of $300 is required, with incremental payment options available.

Transit: 1, A, B, C
No fee to apply • No broker's fee • Smoke-free building • More information: https://1440lottery.com

This building is anticipated to receive a Tax Exemption through the 421a Tax Incentive program of the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- Preference for a percentage of units goes to:
  - NYCHA Residents (25%)

New York is committed to the principle of inclusivity in all its neighborhoods, including supporting New Yorkers to reside in neighborhoods of their choice, regardless of their neighborhood of origin and regardless of the neighborhood into which they want to move.

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size		Monthly Rent[1]	Units Available	Asset Limit		Household Size[2]	Annual Household Income[3] *Minimum – Maximum[4]*
Studio (Tier 1)	130% AREA MEDIAN INCOME (AMI) UNITS	$2,950	6	$210,600	→	1 person	$104,949 - $147,420
						2 people	$104,949 - $168,480
Studio (Tier 2)		$3,200	7		→	1 person	$113,520 - $147,420
						2 people	$113,520 - $168,480
Studio (Tier 3)		$3,450	7		→	1 person	$122,092- $147,420
						2 people	$122,092 - $168,480

Unit Size		Monthly Rent[1]	Units Available	Asset Limit		Household Size[2]	Annual Household Income[3] *Minimum – Maximum[4]*
1 bedroom (Tier 1)	130% AREA MEDIAN INCOME (AMI) UNITS	$3,400	22	$210,600	→	1 person	$120,926 - $147,420
						2 people	$120,926 - $168,480
						3 people	$120,926 - $189,540
1 bedroom (Tier 2)		$3,650	22		→	1 person	$129,498 - $147,420
						2 people	$129,498 - $168,480
						3 people	$129,498 - $189,540
1 bedroom (Tier 3)		$3,821	22		→	1 person	$135,360- $147,420
						2 people	$135,360 - $168,480
						3 people	$135,360 - $189,540

Unit Size		Monthly Rent[1]	Units Available	Asset Limit		Household Size[2]	Annual Household Income[3] *Minimum – Maximum[4]*
2 bedroom	130% AREA MEDIAN INCOME (AMI) UNITS	$4,568	61	$210,600	→	2 people	$162,446 - $168,480
						3 people	$162,466 - $189,540
						4 people	$162,466 - $210,600
						5 people	$162,466 - $227,500

[1] Tenant responsible for electricity which includes electric stove. Heat and hot water are included with the rent.
[2] Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
[3] Household earnings include salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
[4] Minimum incomes listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to https://housingconnect.nyc.gov/PublicWeb/. To request an application **by mail, send a self-addressed envelope to**: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. Only send one application per development. Do not submit duplicate applications. Do not apply online and send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **September 22, 2025.** Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to submit documents to continue the process of determining your eligibility. Applicants are usually contacted from 2 to 10 months

after the application deadline. You will be asked to submit documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en https://housingconnect.nyc.gov/PublicWeb/ . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes del 22 de septiembre de 2025.

简体中文 访问 https://housingconnect.nyc.gov/PublicWeb/ 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026。信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请：2025年9月22日。

Русский Чтобы подать заявление через интернет, зайдите на сайт: https://housingconnect.nyc.gov/PublicWeb/. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу: 1440 Amsterdam Ave Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 22 сентября 2025.

한국어 https://housingconnect.nyc.gov/PublicWeb/ 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 1440 Amsterdam Ave Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026 으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2025년 9월 22일 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyien Aplike sou entènèt sou sitwèb https://housingconnect.nyc.gov/PublicWeb/. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat 22 septanm 2025.

العربية للحصول على ترجمة عربية لهذا الإعلان وطلب مطبوع، يُرجى إرسال مظروف مختوم إلى العنوان https://housingconnect.nyc.gov/PublicWeb/. قدّم طلبك عبر الإنترنت على الرابط التالي: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc، 316 West 118th Street، نيويورك، نيويورك 10026. اكتب على ظهر المظروف "ARABIC" باللغة الإنجليزية. يجب تقديم الطلبات عبر الإنترنت أو إرسالها بالبريد في موعد أقصاه 22 سبتمبر/أيلول 2025.

Polskie Aby złożyć wniosek online, przejdź na stronę https://housingconnect.nyc.gov/PublicWeb/. Aby uzyskać polskie tłumaczenie tego powiadomienia oraz wniosek w wersji wydrukowanej, wyślij kopertę z własnym adresem: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. Wpisz słowo „POLISH" w j. angielskim na odwrocie koperty. Wnioski muszą posiadać stempel pocztowy lub zostać przesłane online nie później niż 22 września 2025 r.

Français Pour déposer votre demande en ligne, rendez-vous sur le site https://housingconnect.nyc.gov/PublicWeb/. Pour recevoir une traduction en français de cet avis ainsi qu'un dossier de demande papier, envoyez une enveloppe libellée à votre nom et votre adresse à l'adresse suivante : 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026. Inscrivez le mot « FRENCH » au dos de l'enveloppe. Les demandes doivent être envoyées par la poste ou soumises en ligne au plus tard le 22 septembre 2025, le cachet de la poste faisant foi.

বাংলা অনলাইনে আবেদন করতে, অনুগ্রহ করে https://housingconnect.nyc.gov/PublicWeb/ এ যান। এই বিজ্ঞপ্তির বাংলা অনুবাদ এবং আবেদনটি ছাপানোভাবে পেতে এই ঠিকানায় একটি স্ব-সম্বোধিত খাম পাঠান: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026। খামের পিছনে "BENGALI" শব্দটি ইংরেজিতে লিখুন। অ্যাপ্লিকেশনগুলি অবশ্যই 22 সেপ্টেম্বর, 2025 এর মধ্যে পোস্টমার্ক করতে হবে বা অনলাইনে জমা দিতে হবে।

اردو ملاحظہ کریں۔ اس نوٹس کا اردو میں ترجمہ اور ایک پرنٹ شدہ درخواست حاصل کرنے https://housingconnect.nyc.gov/PublicWeb/ آن لائن درخواست دینے کے لیے، براہ کرم کے لیے، ایک خود ایڈریس والا لفافہ بھیجیں: 1440 Amsterdam Avenue Apartments C/O K&R Realty Management Inc 316 West 118th Street, NY, NY 10026 لکھیں۔ درخواستوں کو 22 ستمبر 2025 کے بعد پوسٹ مارک یا آن لائن جمع کرایا جانا چاہیے۔ "URDU" - لفافے کے پیچھے انگریزی میں لفظ

Mayor Eric Adams • Acting HPD Commissioner Ahmed Tigani

URBANOLOGY: The Soul

By William A. Rogers

I often write about the three minds; The conscious mind, the sub-conscious mind and the super-conscious mind. The conscious and the sub-conscious minds control our internal and external reality in our three-dimensional world. Our super-conscious mind is our connection to the universal mind, the source of creativity. It is the final stage in the process of thought manifestation.

A vision or thought develops in the conscious mind, it is then transferred to the sub-conscious mind, and it is then transferred to the super-conscious mind. This process has been known or unknowingly used to create everything around you, including you.

In his book "Growing Up in Heaven" the gifted medium, James Van Praagh, describes the soul this way: "what Scientists, metaphysicians and psychologist refer to as the super-conscious mind, is actually the soul; the source of all intelligent energy wherein our true selves".

Praagh does not see the soul being the same as spirit; he sees the spirit as being the ethereal counterpart of the physical body and the soul being our entire essence, where spiritual power emanates from. According to Praagh, there are many levels of spiritual attainment but four primary levels are The Young soul, the Mature soul, the Old soul and the Earth Angel.

Young souls are good at attracting other souls that can propel them to prominence and have little regard for how their actions affect others. Mature souls are more conscious of themselves as spiritual beings. They are more emotionally involved with life, people and situations. Material possessions do not rule their lives. These souls have consideration for all life, human, animal or vegetable.

Old souls are the most advance, they live to enhance human values. Usually, they are not rich or prominent. Most old souls are teachers of life, healers, or light workers. Their focus is to make the world a better place. Earth angels have the characteristics of an old soul, with an intense sense of clarity and a compassionate way of handling others. They have a natural inclination to draw people to them because of their light.

I have learned to respect and embrace the ability to connect with loved ones who have transitioned to a different dimension. Science has proven that we are all energy and according to science, energy never dies, it only changes form.

Many are aware of the television show inspired by James Van Praagh "The Ghost Whisperer" starring Jennifer Love Hewitt; this should not take away from the believability of his gift and the rich source of information in his books which include" Unfinished Business" and "Growing Up in Heaven".

There is a direct relationship between understanding the energy of your soul and the balancing of mind, body and spirit. That is why ancestor training is an important component in Ki Energy training at our Harlem Center www.kienergycenter.com .

While most do not have the gift to communicate with energy forms the way mediums like Praagh and my friend Jamillah Shabazz can, we all have the ability to communicate, if we believe that we can, and learn to overcome fear and doubt.

Ki treatments and training will help individuals to step outside of the matrix to improve the quality of their lives by opening lines of communication with the energy of their souls and other energy forms. For more information call 917 749-7244 or send email tom.jisun@gmail.com

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HERBS ARE NATURE'S REMEDY

Yarrow - Part 2 - The Essential Oil

By Zakiyyah

The essential oil (EO) is as potent and versatile as when in its original plant/herb form. The essential oil of Yarrow is used to treat allergies, alleviate stress, and is known for its wonderful sweet aroma and brilliant deep blue color.

Yarrow EO can be used to stem blood oozing from a wound, as it can be poured neat into the wound to stop the blood flow. You can dilute yarrow essential oil with water and then use it to wash the wound. It should also be applied after the blood flow has stopped. Yarrow EO is an astringent and cicatrisant: it shrinks the skin and promotes wound healing. This helps with cuts, scrapes, and wounds, but not with major injuries with significant bleeding.

As a great remedy for varicose veins, add 5 drops yarrow EO into a carrier oil like olive oil. Massage onto the varicose veins to reduce the engorgement and strengthen the surrounding skin.

CAUTION: Most essential oils should never be applied directly to the skin without adding to some other medium, e.g. carrier oil, lotion, water, etc., unless stated otherwise.

YOU CAN LEARN HOW TO USE AND PREPARE HERBS - join our new herb course launching in September- send me an email requesting course information.

MAKE NATURE'S MEDICINE YOUR OWN

This information is to help you balance your natural healing energies and is not intended as diagnosis or cure. Phone: 347-407-4312, eMail: theherbalist1750@gmail.com; blog: www.herbsarenaturesmedicine.blogspot.com

Answers to Crossword on page 17

S	Y	L	P	H		S	K	I			M	O	R	N
C	O	Y	L	Y		T	E	N		R	E	P	O	T
A	U	R	A	S		A	N	T		A	W	A	S	H
D	R	E	I	S	E	R		R	E	I	L	L	Y	
			N	O	R		C	O	N	S				
J	U	T		P	I	P	E		D	I	S	C	O	S
A	S	I	A		C	U	R	L		N	A	A	C	P
M	U	D	S		A	Z	T	E	C		I	N	C	A
E	R	A	T	O		O	A	T	H		L	O	U	D
S	P	L	I	N	T		I	S	I	S		E	R	E
				Y	A	R	N		L	E	O			
	T	R	I	X	I	E		N	E	W	B	E	R	Y
C	R	I	M	E		T	O	O		E	E	R	I	E
B	E	M	A	S		R	A	N		R	A	I	T	A
S	E	E	M			O	R	E		S	H	E	E	R

See answers on pages 16

CROSSWORD

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Statepoint Crossword
THEME:
AMERICAN FICTION

ACROSS
1. Mythical air spirit
6. Water glider
9. Opposite of eve
13. Artfully shyly
14. X
15. Move a plant
16. Saintly glows
17. Industrious insect
18. Inundated
19. *"An American Tragedy" author Theodore ____
21. *Ignatius J. Reilly, "A Confederacy of Dunces" protagonist
23. Neither's partner
24. Flipside of pros
25. What hernias do
28. Snowman's corn cob
30. 1970s dancing venues
35. Home to China
37. Biceps exercise
39. W.E.B Du Bois's org.
40. Clays or mucks
41. Quetzalcoatl worshiper
43. Viracocha worshipper
44. Muse of love poetry
46. The Hippocratic one
47. High in decibels
48. Orthopedic device
50. Egyptian goddess of fertility
52. Before, before
53. Kitten's plaything
55. Between Cancer and Virgo
57. *Beatrice Belden's nickname
60. *American Library Association's medal for children's literature
64. C in CSI
65. To boot
67. #61 Down plus E
68. Altar's location, pl.
69. Fled
70. Indian cuisine dip
71. Give an impression
72. Mining product
73. See-through

DOWN
1. Common tropical marine fish
2. Part of BYO
3. Orpheus' instrument
4. *Patricia MacLachlan's "Sarah, ____ and Tall"
5. Medicinal herb
6. ____ anise, chai tea spice
7. *____ Kesey's "One Flew Over the Cuckoo's Nest"
8. Foreword
9. Whimper
10. Milky-white gem
11. Like certain people's glasses
12. Greatest possible
15. Ex grape
20. *"Fear of Flying" author ____ Jong
22. Finish line, e.g.
24. Not doubting
25. *Percival Everett's reimagining of "Adventures of Huckleberry Finn"
26. Steal a throne
27. Type of wave
29. *"The Godfather" author Mario ____
31. Go yachting
32. Birch bark vessel
33. Come to pass
34. *Dashiell Hammett's hardboiled detective Sam ____
36. ____ Spumante
38. Classic game show "____ Make a Deal"
42. Argentina's western neighbor
45. December birthstone, pl.
49. "Mai" follower
51. Paris' underground tourist attraction
54. Yesteryear style
56. West African religious practice
57. Genealogical plant
58. Winter window design
59. Allah's cleric
60. Opposite of all
61. Huron's neighbor

SUDOKU

7			4					
	2	1	8					9
		4	2	9				
		7	6			5		
9	1						6	3
		5			4	7		
				7	2	9		
3					1	2	5	
					8			1

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

See answers on pages 19

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"Briefly Perfectly Human: Making an Authentic Life by Getting Real about the End"

by Alua Arthur

Review by Terri Schlichenmeyer, Harlem News contributor

There is no need to pack a big suitcase.

No more worrying about tickets or TSA, the nearest gas station, tiny bottles of shampoo, no journal, no favorite t-shirt. You'll say one last goodbye on this final journey and you'll be gone, but in **"Briefly Perfectly Human" by Alua Arthur,** as you did in living, you may need support in dying.

Born in Ghana, raised by parents who demanded excellence, Alua Arthur chose to go to law school after she graduated from high school. But it wasn't really a choice, in a way: law school was a default for her, and it didn't make her happy. After she started working for Legal Aid on behalf of poor clients, a career in law actually made her sad.

It was so difficult for Arthur to avoid getting too involved with her clients, and she struggled. She eventually came to understand that she wanted more than anything, to "be of service" to people somehow. When her brother-in-law was diagnosed with cancer, she helped take care of him and things began to fall into place. She says he was "the first person I doula'd before knowing… what I was supposed to be doing."

Following Peter's death and her "aha!" moment, Arthur received formal death doula training, where she learned "not to conflate others' experience with [her] own," how to gently discover a dying person's wishes, and how to *listen*. She does in-person visits or phone calls; she can't dispense medicine or medical advice. She can only talk, and that's often all an ill or dying person needs. It's a solution, Arthur says, that helps "meet a client where they are" but being a death doula isn't just for those who are dying.

"Sometimes," she says, "all we need is a little time, if we've got it…. And if you're the person who can't accept that another will die, we will hold you when you finally do."

So, here's a surprise for you: "Briefly Perfectly Human" may not be the book you want today. It touches upon a painful subject. There's no blatant advice here, no quizzes or checklists. You'll find comfort if you look hard enough, but it's not overt.

Instead – and maybe you *do* need it today – this book is mostly about being wonderfully, sparklingly *alive*. Joyful, even. Author Alua Arthur says, "I'm only here for a small amount of time," and that, in fact, should tell you everything you'd want to know about this book.

And yet, it has dark moments.

Arthur writes about specific clients and how she helped them and their families. There's a good bit biography here, where she shares her own struggles with depression and mental health. Beware: she's an advocate of psychotropic substances and she's sometimes profane. She's also unabashedly honest, and that's refreshing.

Readers looking for advice or succor must read between the lines to find it here, but you won't mind. "Briefly Perfectly Human" reminds you to live each day as if it's your last, and that packs a punch.

"Briefly Perfectly Human: Making an Authentic Life by Getting Real about the End"
by Alua Arthur
c.2025, Mariner
$28.99
256 pages

Answers to Sudoku on page 17

SUDOKU ANSWERS

7	9	3	4	1	6	8	2	5
6	2	1	8	5	7	3	4	9
5	8	4	2	9	3	1	7	6
4	3	7	6	2	9	5	1	8
9	1	2	7	8	5	4	6	3
8	6	5	1	3	4	7	9	2
1	5	6	3	7	2	9	8	4
3	4	8	9	6	1	2	5	7
2	7	9	5	4	8	6	3	1

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