



HARLEM COMMUNITY  
NEWSPAPERS, INC.

"GOOD NEWS YOU CAN USE"

The Harlem Community Newspapers, Inc. Connecting Harlem, Queens, Brooklyn and The Bronx

# COMMUNITY BRONX NEWS

"Good News You Can Use"

Vol. 31 No. 04

January 23, 2025 - January 29, 2025

FREE



**Biden's Farewell  
Address, Capping  
a Half-Century of  
Public Service**

see page 10



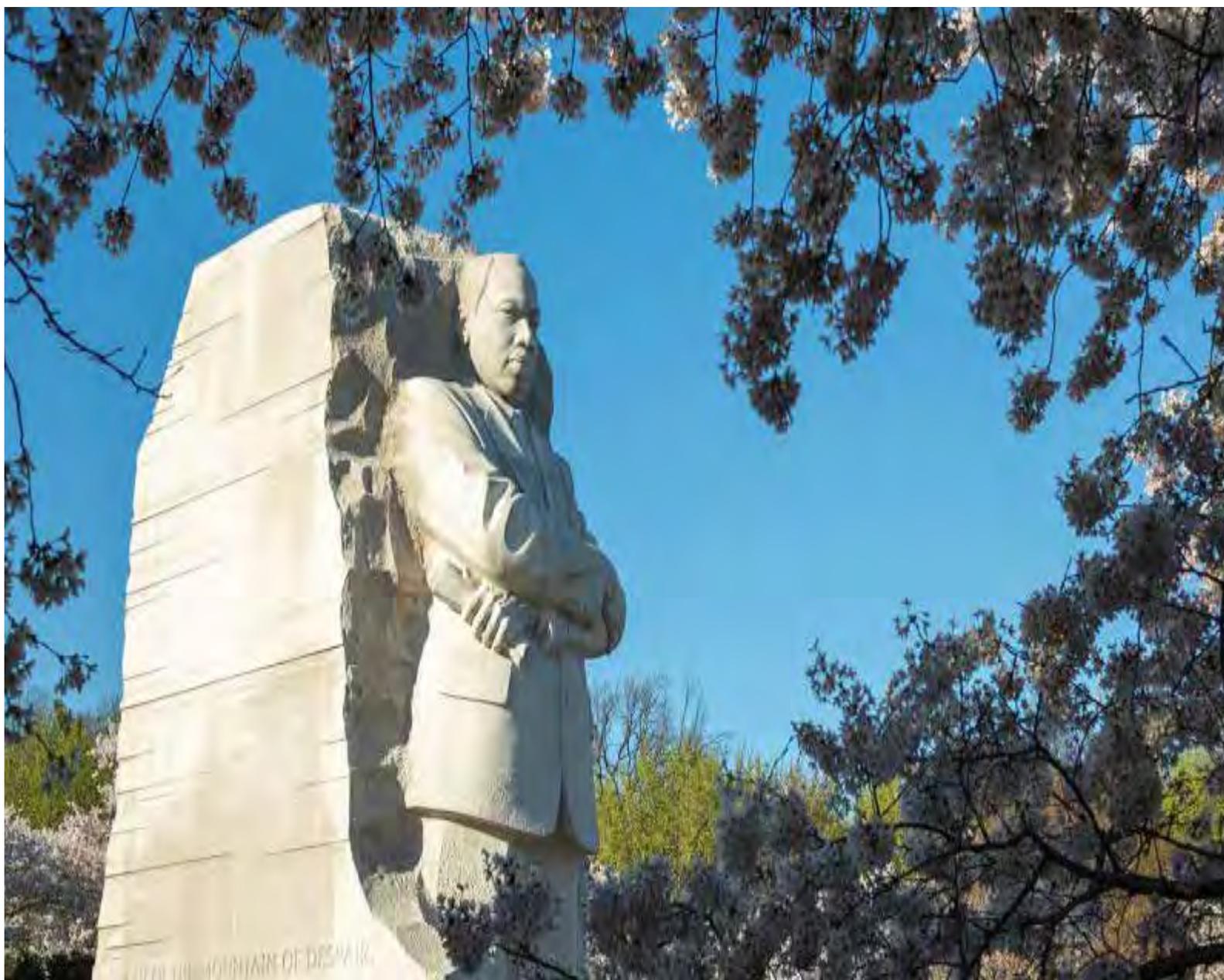
**They're Going to  
Walt Disney World!  
100 Teens Selected  
for 2025 Disney  
Dreamers Academy**

see page 9



**Top Scams to Watch  
Out for This  
Tax Season**

see page 13



## **A Forward March for MLK In The New Trump Era**

see pages 3

**VISIT OUR WEBSITE:**  
[www.harlemcommunitynews.com](http://www.harlemcommunitynews.com)

**Follow Harlem Community Newspapers on Social Media!**

Facebook: @HarlemCommunityNewspapers

Instagram: Harlem\_community\_newspapers

YouTube: harlemnewsinc

## “Good News You Can Use”



To reserve advertising space email us at:

[harlemnewsinc@aol.com](mailto:harlemnewsinc@aol.com)

To subscribe to our daily newsletter “**Harlem Daily**” or to receive print copies in the mail, go to our website at [www.harlemcommunitynews.com](http://www.harlemcommunitynews.com) or page 18

### OUR MISSION STATEMENT

The Harlem Community Newspapers, Inc. will publish positive news and information. Our mission is to deliver “good” and informative news to our readers focusing on health, education, housing, business and employment opportunities. We look for and publish results, not problems. We promote businesses, opportunities and events happening in the communities we serve. We are dedicated to providing our readers with valuable information they can use to improve the quality of life for themselves, their families and our communities.

## HARLEM COMMUNITY NEWS BROOKLYN COMMUNITY NEWS BRONX COMMUNITY NEWS QUEENS COMMUNITY NEWS

Free copies distributed in your community weekly

### IN THIS ISSUE:

Community	3	National	10
Expressions	4	Finance	12
Community	5	Health	14
Op Editorial	6	Urbanology	16
Real Estate	7	Games	17
Calendar	8	Classified	18
Events	9	Literary Corner	19

Publisher/Editor	Pat Stevenson
Editor	Cynthia Horner
Social Media Mgr	Steven Bennett
Proofreader	Hazel Rosetta Smith
Publisher Assistant	Dominic Jones
Theater Writer/Critic	Linda Armstrong
Writer/Social Media	Charlotte Anderson
Travel	Debi Kops
Intl News & Entertainment	Maria Cavenaghi
Society	Audrey Bernard
Columnist	Tonya Sims
Columnist	Larnez Kinsey
Columnist	William A. Rogers
Columnist	Zakiyyah
Columnist	Hazel Rosetta Smith
Feature Writer	Erin Lewenauer
Writer/Advertising Mgr.	Howard Giske
Writer/Videographer	George Williams
Book Reviewer	Terri Schlichenmeyer
Brooklyn Writer	Keith Forrest
Bronx/Queens Writer	Howard Giske
Photographer	Nadezda Tavodova Tezgor
Photographer	Michelle James
Photographer	Seitu Oronde
Distribution	Russell Simmons
Marketing Consultant	William A. Rogers

The Harlem Community Newspapers, Inc. is a New York City, New York State and Port Authority certified MWBE. We are also members of the NNPA, New York Press Association, the Greater Harlem Chamber of Commerce, CACCI, the Bradhurst Merchants Association Women Chamber of Commerce, the Harlem Tourism Board and Women In The Black.

A Publication of: Harlem Community Newspapers, Inc.  
Mailing: P.O. Box # 1775, New York, New York 10027  
Phone: 646-988-1015•  
Email: [harlemnewsinc@aol.com](mailto:harlemnewsinc@aol.com)  
Website: [www.harlemcommunitynews.com](http://www.harlemcommunitynews.com)  
Twitter: @harlemnewsinc • Facebook: /harlemnewsinc  
Audited by: Alliance for Audited Media



**PAT STEVENSON**

January 20th, we celebrated Rev. Martin Luther King Jr. (MLK Day). Ironically, it was also the inauguration day for Donald Trump, who was elected to be the 47th president of the United States. How did you spend the day? Sixty-two members of the congressional Black Caucus, who were invited to attend the inauguration, spent the day celebrating Rev. Martin Luther King, Jr. Michelle Obama, VP Pence’s wife and Nancy Pelosi were also not in attendance. I was glued to the television because I wanted to hear every word. The newly inaugurated president’s hand did not touch the bible. He spoke of unity early in the day and shortly thereafter spoke disparagingly about Biden and his administration. We all need to pray that our country will get through these next 4 years. As Jessie Jackson would say, “Keep Hope Alive.”

Go to our website and subscribe to our daily newsletter that will come direct to your email. It is free!.Go to: [www.harlemcommunitynews.com](http://www.harlemcommunitynews.com)

**Pat Stevenson  
Celebrating  
31 years Publishing**

# A Forward March for MLK in the New Trump Era

By April Ryan, BlackPressUSA.com Washington Bureau Chief and Chief White House Correspondent

If Dr. King, a civil rights icon, had lived; he would have been 96 years old on January 15th of this year. The irony of the day honoring the civil and human rights leader is that it is shared with the 60th presidential inauguration ceremony in the Rotunda of the Capitol Building. Historically, the second inaugurations of Presidents Bill Clinton and Barack Obama took place on MLK Day in 1997 and 2013. There were some democratic hopes that Kamala Harris could be a repeat of today's swearing-in history. A few months ago, some Kamala Harris campaign staffers believed the then-Democratic presidential candidate would have been sworn in today

by Supreme Court Justice Ketanji Brown Jackson on this King Day.

Since the 15th of this month, there have been many celebrations honoring the life and civil rights history of Dr. King. One was at Riverside Church in Harlem, New York Rev. Mark Thompson, host of "Make It Plain," and NNPA Global Digital Transformation Director, remembered Dr. King by saying, "his memory calls us to transcend all of the things we are most concerned about today." Dr. King, who was killed in 1968 by an assassin's bullet, challenged authority at the highest levels to achieve equality for African Americans in this nation like voting rights and civil



rights. Thompson warns in this new political era, "rather than relax or be discour-

aged we should...continue to hold the Office of the President accountable."

**BUY 12 GET 12 MORE FREE!**

**ONLY \$34.99\***  
Reg. Price \$44.99  
Special Limited Time Offer!

**34% SAVINGS INCLUDING SHIPPING**

**Hale Honeybells**  
The once a year citrus sensation!

**Buy 12 get 12 more FREE!**

**Call 1-855-951-3550**  
to Order Item 2692X  
or Visit [HaleGroves.com/H5YU09](http://HaleGroves.com/H5YU09)

Only \$34.99 plus \$7.99 shipping & processing. Satisfaction completely guaranteed.

**34% SAVINGS! INCLUDING SHIPPING!**

\*Plus \$7.99 handling per pack to the 48 contiguous states. Limited time offer, good while supplies last. Not valid with any other offer. Limit 5 boxes per customer.

**Hale GROVES**  
Since 1947, Hale Groves, Vero Beach, FL 32906

IC: H5YU09

**BUSINESS FOR SALE** *Boutique Beauty Salon*  
in a Well Trafficked Neighborhood  
*South Ozone Park*

This pretty unique beauty salon has lots of potential. Rare opportunity to purchase a store front business that is fully equipped. The rent is one of the lowest in the area, if not the lowest. Located on a commercial street and situated in a residential area. It is bright with a petite reception area, three styling chairs and styling station with mirrors, leather lounge shampoo backwash unit, barbers chair, nail and pedicure station, separate area used for storage, massages, eyebrow and hair removal and a bathroom with sink and toilet. All equipment, furniture and supplies are included. *Asking \$79,000.00*

**FOXWORTH REALTY**

📞 **212.368.4902**  
📞 **212.368.4903**  
NYS LICENSED REALTOR  
CIPS, NYRS, NYC MWBE, NYS MWBE  
REBNY | HGAR | NAR | NYSAR

[foxworthrealtyonline.com](http://foxworthrealtyonline.com) 360 West 125th Street, #11, NY, NY 10027



## BRONX EVENTS

**Jan 23–26**

### **New York Botanical Garden Holiday Train Show**

Explore an enchanting display of model trains traveling through replicas of famous New York landmarks made from natural materials. A family friendly winter tradition in the Bronx. Location: 2900 Southern Blvd, Bronx, NY.

**Jan 23–26,**

### **Bronx Museum of the Arts Exhibition**

Discover thought eye catching art exhibits featuring contemporary works from both local and international artists. Location: 1040 Grand Concourse, Bronx, NY.

**Jan 23–26**

### **Wave Hill Public Garden Winter Walks**

Enjoy serene winter walks through beautifully landscaped gardens looking over the Hudson River, with art exhibits and educational programs available. It takes place at 4900 Independence Ave, Bronx, NY.

**Jan 23–26**

### **Bronx Zoo Winter Activities**

Experience winter wildlife adventures at the Bronx Zoo, featuring seasonal exhibits and warm indoor attractions for visitors of all ages. The zoo is located at 2300 Southern Blvd., Bronx, NY.

**Jan 25, 26,**

### **Bartow-Pell Mansion Museum Tours**

Take a step back in time with guided tours of this historic mansion, offering a glimpse into 19th century life and culture at 895 Shore Rd., Bronx, NY.

**Jan 31, 9:30pm**

### **Poetry Slam at Pregones Theater**

In collaboration with the nuyorican poets café. Pregones PRTT and the Nuyorican Poets Café are proud to present the Final Friday Slam at the historic Puerto Rican Traveling Theater. Competing poets for the Final Friday Slam consist of weekly Nuyorican Bowery Slam winners, one lottery-selected poet from the audience and curated competitors. The tournament-bracket-style slam will see participants exchange their poetry head to head until only one is left! Final Friday winners receive \$100 and an invitation to compete in the end-of-year Grand Slam for \$1,000 and a produced show at the Nuyorican Poets Cafe when it re-opens in 2026. The slam is immediately followed by the Twilight Hour Open Mic, where anyone in the audience can perform on this legendary stage. Tickets are \$35 online or at the door upon arrival. We look forward to having you join us for what is sure to be a legendary and magical evening!.OPEN SEATING. \$35 Tickets. Late night! 9:30pm to 1am!



**Jan 24 Teen Night at Bronx Museum**



**Jan 23–26 Bronx Zoo Winter Wildlife Adventure**



**Parkchester Library**



**Jan 31 at Pregones**

# January Plan to Make Our City Safer and More Affordable to Raise a Family



By Mayor Eric Adams

From day one, our administration has been focused on one mission: making New York City safer and more affordable. Every day and everywhere, we are delivering on that mission for working-class New Yorkers and making New York City the best place to raise a family.

We have driven crime down, seized 20,000 illegal guns, removed 80,000 ghost cars and other illegal vehicles off our streets, and shut down more than 1,300 unlicensed cannabis stores. We passed the historic “City of Yes for Housing Opportunity” plan, the most pro-housing proposal in New York City history. We have stimulated the creation of a record number of jobs and new small businesses and put billions of dollars back into the pockets of working-class New

Yorkers. It is clear: New York City’s economy is booming.

Last week, thanks to our strong, forward-looking fiscal management and strategic investments, we delivered a balanced Preliminary Budget for Fiscal Year 2026, that invests in making New York City the best place to live, work, and raise a family.

Our North Star has been and remains public safety, and every day we are making sure our families and kids can feel safe and be safe in our city. That is why this plan invests \$137 million to address homelessness and help those suffering from serious mental illness move off our streets and subways and into housing; this includes funding for 900 new Safe Haven beds and 100 additional shelter beds for runaway homeless youth.

And we are launching an innovative new program, “Bridge to Home,” that will provide New Yorkers suffering from serious mental illness with psychiatric and substance abuse treatment and help to secure permanent housing.

This budget also keeps New Yorkers safe on our streets and in our waters by improving road safety at hundreds of targeted

traffic intersections and adding more lifeguards to our roster so we can deliver swim lessons to more of our young people and keep our kids safe.

From investing in legal services to assist tenants who are being harassed by their landlords to supporting our Home Support Unit, which helps New Yorkers secure vacant apartments through rental subsidy programs, we are ensuring that New Yorkers have a roof over their heads.

We know that extra money in your pocket can make all the difference when it comes to essential expenses like food, rent, and school supplies; that is why we launched our ambitious “Axe the Tax for the Working Class” proposal, which brings significant tax relief to working families. We can’t get this done without Albany’s help and we’re calling on them to include our proposal in the Fiscal Year 2026 state budget.

The January Plan also continues to fund monthly “JobsNYC” hiring halls in communities experiencing high unemployment and supports an initiative that works with low-income New Yorkers to prepare them for apprenticeships in the building trades.

New Yorkers love their parks, and we are taking care

of our green spaces by adding a second cleaning shift at 100 more hotspots in 64 parks and hiring additional staff to tend to 4,000 tree beds across the five boroughs — helping keep the rats away and our urban forest healthy. And we will open additional school yards to the public after-school, on weekends, and during the summer to put 20,000 more New Yorkers within a 10-minute walk of a park.

This plan also deepens our commitment to New York City kids and their education by extending Summer Rising hours and Friday programming to 30,000 middle schoolers, as well as extending our Learning to Work program — helping students who have fallen behind earn a high school diploma and prepare for college and their careers. And we are expanding our Pathways program to provide additional career readiness opportunities to students at New York City Public Schools.

In our January Plan, we are investing in things that matter most to New Yorkers: safety, generational housing, tackling homelessness and serious mental health, education, our parks, quality of life, and how we can make our city more affordable.



HARLEM COMMUNITY NEWSPAPERS, INC.

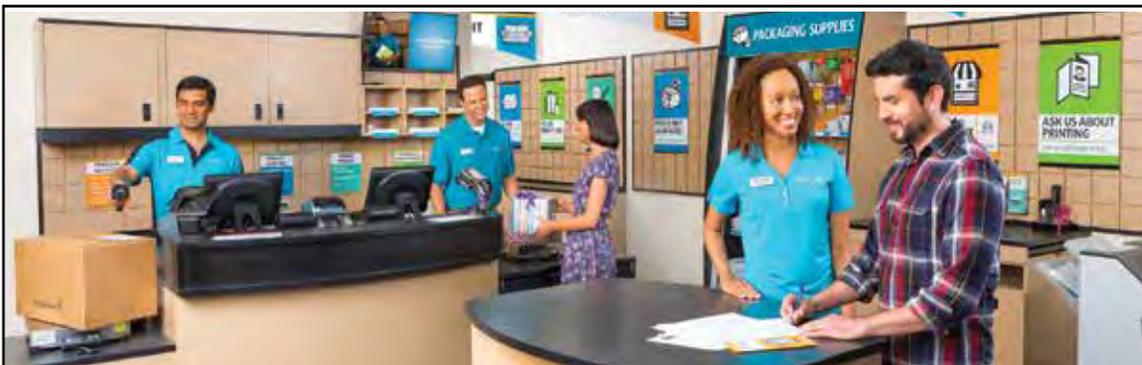
“GOOD NEWS YOU CAN USE”

Vol. 31, No 04 January 23, 2025



Subscription Information  
page 18

Advertise in Harlem Community Newspapers  
email today:  
harlemnewsinc@aol.com



## Your one-stop shop.

- Printing & document finishing
- Mailbox services
- Notary services
- Packing & shipping
- Postal products & services
- Passport/ID photos

The UPS Store

**Harlem**  
55 W 116th St  
New York, NY 10026  
212.876.8800  
store4163@theupsstore.com  
theupsstore.com/4163

**Hours:**  
Mon – Fri 8:00 AM – 8:00 PM  
Sat 9:00 AM – 6:00 PM  
Sun Closed

**East Harlem**  
1872 Lexington Ave  
New York, NY 10035  
212.876.1900  
store6510@theupsstore.com  
theupsstore.com/6510

**Hours:**  
Mon – Fri 8:30 AM – 8:00 PM  
Sat 10:00 AM – 6:00 PM  
Sun Closed

# 10% OFF

## UPS® AIR SERVICE

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Valid and redeemable only when presented at a participating location. The UPS Store centers are independently owned and operated. © 2018 The UPS Store, Inc.

The UPS Store

# 5% OFF

## UPS® GROUND SERVICE

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Valid and redeemable only when presented at a participating location. The UPS Store centers are independently owned and operated. © 2018 The UPS Store, Inc.

The UPS Store

# Home Buying in Harlem Be Prepared to Buy Now



By Rev. Dr. Charles Butler

To purchase or not to purchase a home? This is the question confronting many low to moderate-income prospective first-time home buyers today. They want to buy a home, but do not know how to start the process. They are finding the home values somewhat intimidating and beyond their purchasing limit. Also, the uncertainty with the economy is another major concern that makes first-time buyers hesitant to start the process.

But, most encouraging is the unyielding resolve of these prospective first-time buyers, who are unwilling to give up on pursuing their dream of homeownership. It is important to maintain a positive attitude if you are going to successfully complete this very difficult process. Here are some key points to keep in mind: (1) You must have a strong desire to become a homeowner. This desire to become a homeowner must be your primary focus. You must have an insatiable desire to become a homeowner.

Nothing else should matter. Renting an apartment is no longer a viable option. Landlords have continued to increase the monthly rents. There is no end in sight. For many renters, calculating the total amount of money already paid in rent is close to paying off a large percentage of a home mortgage. But is the case with renting, tenants have not accumulated any equity on the property or have any tax advantage.

(2) Create a projected purchase date. Make a target of when you expect to be ready to buy. Push yourself hard to achieve this goal. Remind yourself of your target. Let nothing get in your way. You can achieve your dream of becoming a homeowner with perseverance and determination.

You must remember, however, that this is still a seller's market. More prospective buyers are seeking property than affordable housing units available. This makes the housing market very competitive. You might have to adjust your projected purchase date or expand your housing search into different boroughs. The main thing to remember is not to get discouraged. Remain positive throughout the process.

(3) Create a monthly household budget to help you monitor all spending. You must have the discipline to eliminate all wasteful spending and to aggressively save as much money as possible for your home purchase. This is a huge challenge for most first-time buyers because their monthly living expenses inhibit them from saving an adequate amount of money each month.

This is where you will need the financial discipline to say "no" to excessive spending and perhaps even cut some luxury items. You must change your attitude towards spending money to adopt the financial discipline required to complete the home-buying process. Make it your goal to buy a home this year. Start the process now.

If you are interested in attending a workshop offered by Harlem Congregations For Community Improvement, Inc. (HCCI) or have questions regarding the home buying process, contact Rev. Dr. Charles Butler at (212) 281 4887 ext. 231 or email [cbutler@hcci.org](mailto:cbutler@hcci.org).

## MTA Procurement

The MTA encourages vendors who have not done business with us to register for our bidders list using MY MTA Portal for vendors at [www.mymta.info](http://www.mymta.info). Registered vendors can search for procurement opportunities across all MTA agencies and receive invitations to bid or propose on the types of goods and services they can provide. Certified minority and women-owned businesses (M/WBE), service-disabled veteran-owned businesses (SDVOB), and disadvantaged businesses (DBE), are strongly encouraged to compete for MTA opportunities. Visit our website at <https://new.mta.info/doing-business-with-us> for detailed information and guidelines.

## Nakeeta L. Wills

Life & Health Insurance Advisor

I Can Help With:

- Dental, Vision, Hearing Coverage
- Essential Plans (NYS Marketplace)
- Medicare Supplement
- Medicare Advantage
- Prescription Drug Plans
- Whole, Term, Final Expense & Juvenile Insurance

**On10Solutions**  
[www.on10solutionsny.com](http://www.on10solutionsny.com)



Let's Be Social  
Follow us  
@nyon10solutions

547.788.8726

[Nakeeta@on10solutionsny.com](mailto:Nakeeta@on10solutionsny.com)

FOXWORTHREALTYONLINE.COM

*Foxworth Realty is Celebrating its 12th Anniversary*

IN OCTOBER 2008, EUGENIA C. FOXWORTH OPENED THIS UNIQUE REAL ESTATE BOUTIQUE... IT IS LOCAL, NATIONAL AND GLOBAL.

**"WE MAKE THE DEALS HAPPEN!"**

☎ 212.368.4902 ☎ 212.368.4903

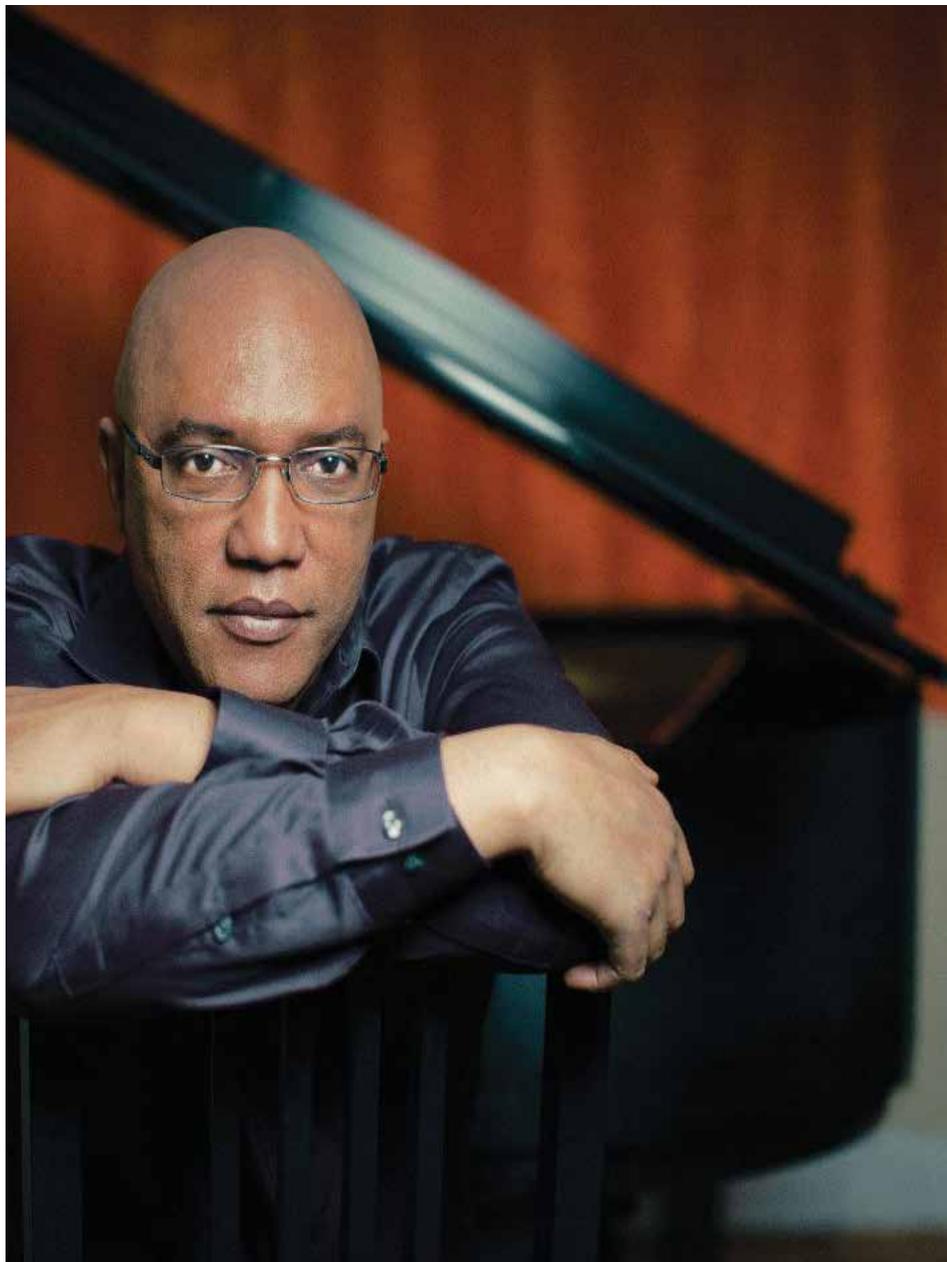
β60 West 125th St, Suite #11, N.Y., NY 10027

# HARLEM CALENDAR OF EVENTS

Feb 2

## 9/11 MEMORIAL & MUSEUM EXPANDS FREE ADMISSION PROGRAM FOR NEW YORKERS

Made possible by a philanthropic grant of \$500,000 from Carnegie Corporation of New York, the 9/11 Memorial & Museum is expanding free hours for New Yorkers to visit the Museum on the first Sunday of each month in 2025. Initially offered on a limited basis in 2024 to mark a decade since the Museum’s dedication, this program provides New Yorkers a special opportunity to see the Museum with one another and reconnect with the feeling of community and cohesion that blanketed our city and nation in the wake of 9/11. The modification of this offering to now take place on Sundays for a full year with widened hours will create the opportunity to welcome thousands more — many for the first time — who work, live, and study in the city of New York.



Feb 8 Miller theater at Columbia

Jan 17th The Apollo at Victoria

# They're Going to Walt Disney World! 100 Teens Selected for 2025

## Disney Dreamers Academy

There are 100 high school students from across the country heading to Walt Disney World Resort in Florida in March to take the next step in chasing their biggest dreams, such as developing cutting-edge technology, addressing food insecurity and even designing the next great Disney attractions. These ambitious teens make up the new 2025 class of Disney Dreamers Academy, a popular mentoring program at Walt Disney World Resort designed to inspire and empower students from diverse communities by encouraging them to explore limitless possibilities and turn their dreams into reality.

After surprising students in Houston and Atlanta with their selection earlier this week, Walt Disney World released

the names of the remaining students today. At the multi-day program at Walt Disney World, March 26-30, 2025, Disney Dreamers will connect with business leaders, Disney executives, celebrities, and educators through workshops and seminars created to inspire and accelerate their career aspirations. They'll explore diverse career fields; develop essential skills such as communication, leadership, and networking; and, of course, enjoy the magic and wonder of Walt Disney World, which continues to elevate the guest experience through ongoing investments in new attractions, entertainment and more.

"We are thrilled to spark new possibilities and provide these future leaders with the tools they need to chase their dreams," said Shannon

Smith-Conrad, a Walt Disney World Ambassador. "After 18 years of hosting Disney Dreamers Academy, we continue to be inspired by these teens and their incredible accomplishments."

Each year, the Disney Dreamers are selected from thousands of applicants who answer essay questions about their personal stories and dreams for the future. The selected students, plus a parent or guardian, enjoy an all-expenses-paid trip to Walt Disney World. Since 2008, Disney Dreamers Academy, which is an important part of Walt Disney World's commitment to supporting diverse communities, has inspired more than 1,700 students from across the country by fueling their dreams and showing them a world of possibilities. Grad-



uates of the program have become storytellers, artists, engineers, innovators, journalists, and more, and many have transitioned into mentors to the Disney Dreamers who follow them.

The full list of selected students is available at [www.DisneyDreamersAcademy.com](http://www.DisneyDreamersAcademy.com).

New York winners are listed below:

- Derek C., NY
- Nettie R., NY
- Jamila S., NY
- Michai T., NY

For more information, visit [DisneyDreamersAcademy.com](http://DisneyDreamersAcademy.com). Regular updates about Disney Dreamers Academy are available on social media at [Facebook.com/DisneyDreamersAcademy](https://Facebook.com/DisneyDreamersAcademy) and [Instagram.com/disneydreamersacademy](https://Instagram.com/disneydreamersacademy).



# PRIZES UP TO \$3,000,000

## Multiply your winnings up to 50X!






**PLEASE PLAY RESPONSIBLY | Must be 18+**  
 Gambling problem? Scan the code for help.  
 Call the HOPEline 1-877-8-HOPENY or text HOPENY.  
[PlayResponsiblyNY.com](http://PlayResponsiblyNY.com)

**NEW YORK STATE**  
 Recyclable Tickets  
 ©2025 New York Lottery

## Biden’s Farewell Address, Capping a Half-Century of Public Service

By Stacy M. Brown, NNPA Newswire Senior National Correspondent

When President Biden delivered his farewell address to the nation, it was the fifth time he had spoken from this venerable office, marking his final formal speech before he handed over the presidency to Donald Trump.

In his previous Oval Office address six months ago, Biden shared his decision not to seek reelection, focusing on a momentous tenure marked by unprecedented challenges and significant achievements. During his presidency, Biden navigated the country through a severe pandemic, economic upheaval, and a direct assault on democratic values, efforts that he says unified

and strengthened the nation.

“Four years ago, we stood in a winter of peril and a winter of possibilities,” Biden noted in his pre-address letter. He emphasized that despite the worst pandemic in a century and economic crises not seen since the Great Depression, “We emerged stronger, more prosperous, and more secure.”

Under his administration, the U.S. has created 16.6 million new jobs, significantly reduced inflation, and had the lowest racial wealth gap in two decades. Biden highlighted the revitalization of manufacturing, leadership in global science and technology, and substantial healthcare reforms, including reducing prescription drug costs and expanding health insurance

coverage.

Furthermore, Biden pointed to legislative successes, such as significant veterans’ health and climate laws, and the first major gun safety law in nearly three decades. “Today, the violent crime rate is at a 50-year low,” Biden added, underscoring the safety improvements during his term.

Reflecting on his presidential campaign’s central message, Biden reiterated, “I ran for president because I believed that the soul of America was at stake.” He maintained this belief, praising America as an idea of equality and rights stronger than any force and broader than any ocean.

Concluding his letter, Biden expressed his grat-



itude for the opportunity to serve, describing his journey from a modest upbringing to becoming the president as the “privilege of my life.” He encour-

aged Americans to continue building on the progress achieved, ending with a call to unity: “We are the United States of America, and there is simply nothing beyond

our capacity when we do it together.”

Photo: NNPA

# NEED HEALTH INSURANCE?

## OPEN ENROLLMENT FOR 2025 IS HAPPENING NOW!



**Act fast!**  
Enroll or renew by the 15th of the month to get covered by the 1st of the following month.

Get affordable health insurance with new savings that reduce out-of-pocket costs.

Speak to a Health Department enrollment counselor for safe, free assistance.

Call **347-665-0214** or visit [nyc.gov/health/healthcoverage](https://nyc.gov/health/healthcoverage).



Eric L. Adams Mayor

# Black America and Joe Biden: Controversy, Triumph and a Bittersweet Presidency

By Stacy M. Brown, NNPA Newswire Senior National Correspondent

In her 306th and final press briefing, White House Press Secretary Karine Jean-Pierre took a moment from discussing the day's significant developments—a ceasefire deal between Israel and Hamas—to reflect on her historic tenure as the first Black person and the first openly LGBTQ individual to hold the position. Jean-Pierre's reflection is not merely about personal milestones but is emblematic of the broader strides toward diversity and inclusion under President Joe Biden's administration.

When Biden took office, he inherited a nation grappling with its racial history amidst a resurgence of civil rights activism. His administration maintained unprecedented diversity, including Vice President Kamala Harris, the first Black and female vice president, and many African American Cabinet and White House officials. Biden's nomination and confirmation of Ketanji Brown Jackson as the first Black woman on the U.S. Supreme Court stamped his commitment to transforming the federal judiciary. Under Biden, more Black judges have been appointed to the federal bench than any previous president.

However, Biden's track record with Black America is complex. His early political career saw controversial stances, such as opposition to mandated school integration via busing in the 1970s. Once a critic of “forced

busing,” Biden argued it was more necessary in the South, a region stained by laws enforcing segregation, than in the North, which he claimed segregated more by community preference than by law. This stance led him to align at times with figures like Senator Jesse Helms and to support measures that effectively stifled federal efforts to enforce school integration across the nation.

His legislative legacy from the 1980s and '90s, particularly the 1994 crime bill he spearheaded, has been a critical focal point of scrutiny. The bill, while including popular measures like the Violence Against Women Act and a federal assault-weapons ban, also intensified punitive sentencing laws, expanded the death penalty, and supported policies that led to a surge in incarceration rates, disproportionately affecting Black Americans. These policies have been criticized for contributing to what many see as systemic racial injustices in America's criminal justice system.

Despite this, the narrative of Biden's presidency offers a story of significant reform and attempts to amend past wrongs. His administration has heralded a historic economic recovery that particularly benefitted Black workers, achieving the lowest Black unemployment rate and the smallest gap between Black and White unemployment on record. Biden has also championed policies aimed at reducing Black poverty, evidenced by a 2021 Child Tax Credit expansion that

halved the number of Black children living in poverty.

Infrastructure improvements have been a cornerstone of Biden's policy achievements. \$4 billion has been allocated to reconnect communities previously cut off from economic opportunities and enhance transportation infrastructure in underserved areas. That effort is part of a broader agenda to address systemic inequalities and ensure more equitable future development.

Digital equity has also been a priority, with the Affordable Connectivity Program connecting approximately 5.5 million Black households to high-speed internet, helping bridge the digital divide that disproportionately affects Black Americans. In business, Biden's policies have led to the fastest creation rate of Black-owned businesses in over 30 years, with significant improvements in loan availability through the Small Business Administration.

In agriculture, over 37,000 farmers and ranchers, including those from the Black community, received support to sustain their livelihoods through initiatives funded by the Inflation Reduction Act. The administration's focus on education and healthcare has also seen notable advancements, with a historic increase in Pell Grant funding and a 49% rise in Black enrollment in healthcare coverage through expansions in the Affordable Care Act.

The Department of Justice under Biden has seen a



revitalization, particularly in the Civil Rights Division, which doubled the number of attorneys dedicated to enforcing voting rights laws. Furthermore, the administration's creation of the Election Threats Task Force underscores a commitment to protecting the integrity of the nation's electoral processes against threats and intimidation.

While President Biden's past policies have been fraught with challenges and criticisms, his administration's efforts to advance ra-

cial justice and equity mark a significant chapter in his political legacy.

“Ours is a journey. And the fight that we are in, which is the fight to uplift the people, the fight for freedom, the fight for civil rights, the fight for dignity, the fight for human rights must be fought and won with each generation,” Harris stated while speaking at the National Action Network's Annual Martin Luther King Jr. Legislative Breakfast. “And what we know is that our definition

of the win is the definition that takes us over a period of time, where part of how we measure the win is: Are we making progress? How we measure the win is based on the knowledge that it is an enduring fight and, that we must be strong and that whatever the outcome of any particular moment, we can never be defeated. Our spirit can never be defeated because when that happens, we won't win.”

Photo courtesy NNPA

# Why Financial Planning Is a Career for Giving Back (Statepoint)

Financial planning may be a lucrative profession in a growing sector, but it's also well-suited for those who love helping others.

Here are six reasons why becoming a CERTIFIED FINANCIAL PLANNER® professional is a great path for those who want to give back.

The profession prioritizes giving back: Seventy-six percent of CFP® professionals believe that pro bono services are important. In fact, being able to help others is why many people report getting into this profession in the first place. This philanthropic mindset is also reflected in CFP Board's recommendation that all CFP® professionals provide at least 20 hours of

pro bono services each year, as well as the organization's 2024 goal of increasing the total number of volunteer hours to 100,000.

Resources make it easy: Financial planners who want to offer their services to traditionally underserved communities can access resources to help them in this endeavor, such as the Foundation for Financial Planning's Pro Bono 101 Course. CFP® professionals can also visit ProBonoPlannerMatch.org and subscribe to CFP Board's Pro Bono Newsletter, to connect with volunteer opportunities nationwide.

It's more than just numbers: Financial planning is not just about crunching the numbers; it's also about building strong relation-

ships. Money management is associated with a mix of emotions, and every client comes to the table with their own histories, biases, beliefs and anxieties. To truly help people, financial planners must create a supportive, judgment-free environment, engage in active listening and validate the feelings of their clients. As fiduciaries, CFP® professionals must commit to CFP Board to always act in their clients' best interests, with honesty, integrity, competence and diligence.

Financial planners can help reduce wealth gaps: A history of housing and banking discrimination in the United States has created a persisting racial wealth gap. According to a 2021 report by the U.S. Federal

Reserve, the average Black and Hispanic household holds roughly 15-20% as much net wealth as Asian and white American families. Financial planners can help reduce the racial wealth gap by working with diverse clients and seeking to understand how past experiences with financial institutions shape their approach to money management.

Financial planners can help with specialized needs: Many people enter the workforce wanting to help particular groups of people. Whether it's helping veterans, the elderly, those mourning the loss of loved ones or people living with disabilities, financial planners can tailor their education and training to serve



specific populations.

Financial planners can maximize philanthropic efforts: Financial planners have a key responsibility in the world of charitable giving, advising their clients on how to maximize their money to make the biggest impact possible.

To learn more about how financial planning and altruism go hand in hand, visit [cfp.net](http://cfp.net).

Competent, ethical financial advice can have a transformative impact on someone's life. Financial planners are helping more Americans achieve secure financial futures.



BECOME **DEBT FREE** IN AS LITTLE AS 24-48 MONTHS

If you owe more than \$10,000 in credit card or other unsecured debt, see how National Debt Relief can help resolve your debt for a fraction of what you owe.

Call today:

+1 (888) 604-0948



Consumer Cellular®

**BIG WIRELESS  
COVERAGE, WITHOUT  
BIG WIRELESS COST.**

Plans start at just \$20/month.

Switch & Save Today.

**833-331-0967**

© 2024 Consumer Cellular Inc. Terms and Conditions subject to change. Plans shown above include \$5 credit for AutoPay and E-billing. Taxes and other fees apply. Credit approval required for new service. Cellular service is not available in all areas and is subject to system limitations.

# Top Scams to Watch Out for This Tax Season

(StatePoint)

The days of filing paper tax returns are gone, and criminals are taking advantage. With taxpayers managing their sensitive information online, thieves are finding new ways to scam victims. In 2023 alone, the IRS reported \$5.5 billion lost to tax fraud schemes. And the increased prevalence of artificial intelligence means tax scams this year will likely be more sophisticated than ever.

Scammers have an arsenal of weapons, but no matter their tactics, the goal is the same – to have you give them money or access to it. Here are scams to look out for this tax season:

**Tax avoidance scams.** These scams often promise rewards too good to be true. Scammers claim to have specialized knowledge on exploiting loopholes to avoid taxes or maximize returns. High-income filers are heavily targeted through offers of seemingly legitimate annuities or tax shelters.

**Refund scams.** In this scam, a criminal will claim to be someone official notifying of an unclaimed or incorrectly calculated refund, prompting the victim to share information – and possibly bank account numbers – to claim it.

**Violation scams.** This is a fear-based scam, where the criminal poses as an IRS official threatening some punitive action, claiming the victim committed a violation and needs to contact them to resolve the situation.

**Filing support scams.** Similar to tech support scams, criminals offer to

help create IRS accounts to assist with the online filing process. Frequently posing as tax preparers, scammers will go through the motions of gathering the victim's personal information for tax forms they never intend to file.

**Social media scams.** Social media serves as a great place for criminals to find potential victims and carry out tax scams, fraudulently claiming to offer different types of services or possessing unique knowledge or access.

**Recovery scams.** Once a victim is scammed, criminals will try to strike again – believing the victim is gullible. Exploiting a time of vulnerability, they'll contact the victim with promises of helping them recover their losses and will leverage this as an opening to commit additional crimes.

While it is not always easy to pick out a scam, here are indicators to watch for:

- Promise of a big payout. If it sounds too good to be true, it probably is.

- Request for your account information. The IRS will never ask for your credit or debit account information over the phone.

- Random contact. The IRS contacts taxpayers by mail first and will never contact via random phone calls or digital means. The IRS will not leave prerecorded, urgent, or threatening voicemails.

- Demands or threats. The IRS can't revoke your driver's license, business licenses or immigration status and cannot threaten to immediately bring in local law enforcement. Taxpayers are allowed an

appeals process, so any message of "now or else" won't come from an official channel.

- Request for you to click a weblink. Odd or misspelled web links can take you to harmful sites instead of IRS.gov.

The IRS recommends these best practices to protect against tax fraud:

- Get an early start. File early so criminals have less time to impersonate you.

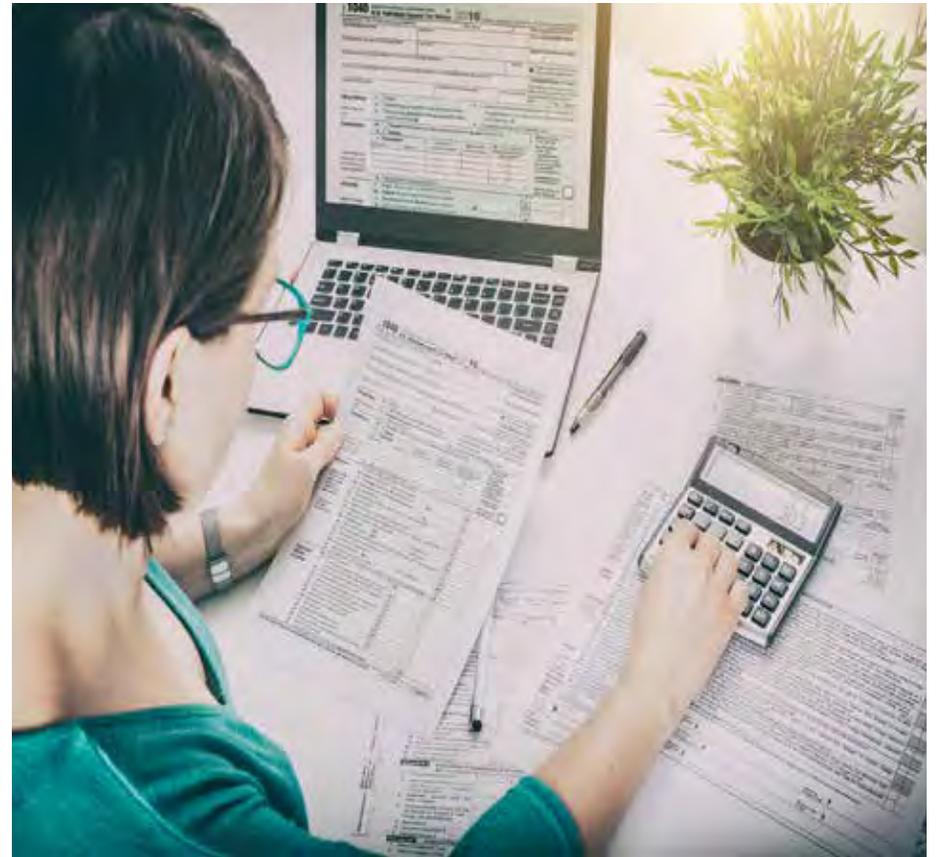
- Set up a verified account. Set up your own IRS account before someone else can and use an Identity Protection PIN – a six-digit number known only to you and the IRS.

- Wait for written notice. Do not respond to any supposed communications from the IRS if you haven't first received official notification through U.S. mail. If you get a call from someone claiming to be the IRS, hang up and call the official number on the website before engaging. Further, never click a link sent digitally as initial contact.

Apply good cyber hygiene. Do not use public Wi-Fi when filing your tax returns. Do use strong passwords, secured network connections and multi-factor authentication. Run all software updates and keep systems current.

If you fall victim to a tax scam, report it to the IRS. For more scam protection tips, visit PNC's Security & Privacy Center at [pnc.com](https://pnc.com).

One wrong click can cause tremendous damage that ends up earning bad guys a windfall. However, a little caution can go a long way in helping you avoid a costly tax scam.



**sonobello**

**ONE VISIT  
PERMANENT  
LESS DOWNTIME  
100% AWAKE  
FAT REMOVAL**

- ✓ Targeted fat removal from areas like: Stomach, chin, arms, thighs and more!
- ✓ 150+ Board-Certified Surgeons
- ✓ 25,000 5-Star Ratings

**877-518-5246**

LIMITED TIME OFFER!

**GET  
\$500 OFF  
TODAY**



BEFORE

Terra M., Age 38  
Sono Bello Ambassador  
Individual Results May Vary.

# Shortness of Breath Not Going Away? Ask Your Doctor for a Blood Test

(StatePoint)

**P**ulmonary alveolar proteinosis (PAP) is an ultra-rare lung disease with approximately 3,600 diagnosed cases in the United States. Unfortunately, some people are potentially living with the disease without knowing it, as it is often misdiagnosed.

That is why the American Lung Association, with support from Savara Inc., is launching a new educational campaign to help healthcare providers and patients better recognize the signs and symptoms of autoimmune pulmonary alveolar proteinosis, (aPAP), the most common form of the disease. As part of the campaign,

they are sharing these fast facts:

What is aPAP? This disease is characterized by the abnormal buildup of surfactant in the air sacs of the lungs, which can make breathing difficult. The buildup is due to an inability to clear the surfactant. Occurring in both males and females, aPAP is often diagnosed between the ages of 30 and 60.

What are its symptoms? Some people who are living with aPAP may not show symptoms initially, while others may have progressive shortness of breath. Additional symptoms include chronic cough, fatigue, unintentional weight loss and chest

pain.

Why is aPAP commonly misdiagnosed? Since aPAP is so rare, and because symptoms are similar to other more common lung diseases, it is often misdiagnosed. Common misdiagnoses include both acute and chronic lung diseases such as pneumonia and asthma.

How is aPAP diagnosed? If you are diagnosed with another lung disease and the treatment is not effective, your doctor may recommend a chest CT scan. If you have an abnormal chest scan with unresolved lung symptoms, you should also talk to your healthcare provider about getting a free,

simple blood test called aPAP ClearPath, which measures the level of the GM-CSF antibodies in your blood to determine if you have the disease.

How is aPAP treated? Currently, there is no cure for aPAP and no FDA-approved therapies; however, symptoms can be managed. The most common treatment is whole lung lavage, (WLL) also called “lung washing.” WLL washes out the built-up surfactant from the lungs, allowing you to breathe more easily. This treatment often needs to be repeated, as it doesn’t address the underlying cause of the disease.

Managing aPAP well means seeing a special-



ist who is familiar with this rare lung disease and going to all of your regularly scheduled healthcare appointments.

To learn more, visit [Lung.org/PAP](http://Lung.org/PAP).

Without treatment, this progressive disease can increase the risk of

infection and lead to respiratory failure that may become life threatening. Don’t wait. Talk to your doctor if your respiratory symptoms are not being managed with current treatments.

## DENTAL Insurance

Great coverage for retirees.



Get your **FREE** Information Kit

It’s easy! Call today  
**1-844-341-0603**  
[Dental50Plus.com/Harlem](http://Dental50Plus.com/Harlem)

Physicians Mutual Insurance Company

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to [physiciansmutual.com/find-dentist](http://physiciansmutual.com/find-dentist). This specific offer not available in CO, NV, NY, VA - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469, P150/B439 (GA: P154GA; OK: P154OK; TN: P154TN). 6347



## Are you at risk?

Get Screened for Risks of Stroke and Cardiovascular Disease

Special Screening Package for \$149



Call **844-475-2434**

LIFE LINE  SCREENING®  
The Power of Prevention

## Protecting Your Child From Illness in Winter Months

(StatePoint)

Your child has a stuffy nose, cough and fever. Is it the flu? COVID? A common cold? Or are they symptoms of respiratory syncytial virus (RSV)? Or another virus known to cause the common cold? There seem to be so many, especially in young children who can have several colds per year.

Viruses can keep your child out of school for days and aren't cured by antibiotics. Days being sick mean missing activities and time with friends. One of the best ways to keep everyone healthy is to get vaccinated when you can, according to the American Academy of Pediatrics.

"Children spend a lot of time indoors close to others during the winter. It's easy

to share germs when you are playing, especially for younger children who may not be as good at wiping their nose or washing their hands," said Dr. Joanna Parga-Belinkie, a neonatologist, pediatrician and mom of three.

"It's not too late to have your child vaccinated for flu and COVID to help keep them from passing and picking up viruses during play. These vaccines help boost the immune system. It's sort of like when your phone updates its software to recognize and resist viruses. This boost helps protect children and the community from severe illness."

If your child isn't feeling well and has a fever, stuffy nose, cough, headache or body aches, is throwing up

or has diarrhea, it is most likely from a virus. There are tests for things like the flu, RSV and other causes of illness. Be sure to call your pediatrician to help sort out if you need testing and if it could be flu, COVID, or a cold.

Ask your pediatrician about the flu vaccine. It is recommended for everyone 6 months and older each year. Just last year in 2024, nearly 200 U.S. children died of flu-related illness. Eighty-three percent of the children who died from the flu were not vaccinated, making it clear that the flu vaccine helped children avoid getting very sick.

It's also important to get the updated COVID vaccine. This virus has not gone away, and it still makes kids

sick. In August 2024 during a COVID spike, nearly 6% of emergency department visits for children younger than 5 years old were from COVID, according to the Centers for Disease Control and Prevention.

Lastly, the most common cause of hospitalization in infants under 1 year of age is RSV. Infecting nearly all children at least once by the time they are 2 years old, RSV can be dangerous. The infection can spread to the lungs and cause serious breathing problems that can't be managed at home. Nirsevimab (Beyfortus) immunization is for infants under 8 months of age during RSV season. It is also for some children age 8 through 19 months who are at increased risk for severe



RSV disease and entering their second RSV season.

Healthy Children, the parent and caregiver website of the American

Academy of Pediatrics, offers more information at [healthychildren.org](https://www.healthychildren.org).

*"Dental health,  
like success,  
is not a destination  
but a continuous  
journey"*

**Dr. George Williams**



W Dental 706 St. Nicholas Ave. New York, New York 10031  
Open Monday - Friday 9:00 am to 5:30 pm  
Call us today: (212)939-9399

## FOOT CENTER of NEW YORK

Expert Foot Care For You & Your Family

**Call 212-410-8158**

55 East 124th St. NY, NY 10035

### COVID-19 Safety Measures in Effect

Diabetic Foot Care  
Sports Injuries  
Wound Care  
Heel Pain

Medicare, most Medicaid HMOs,  
and other insurances accepted  
Se Habla Español

# Urbanology: Spiritual Beings



By William A. Rogers

the illusion of limitations.

Spiritual power emulates the super sub-conscious mind. The super sub-conscious mind is our connection to the mind of the universe. We cannot truly use our spiritual abilities until we deprogram our conscious mind, a programmed mind that traps us in the illusory matrix of the three-dimensional material world in which we live.

A socially programmed mind believes that happiness can only be achieved by acquiring external material things. Yet all material things are manifestations born from an internal

thought. For this reason, there is a great difference between a spiritual being and a religious being.

Material gain has been the foundation of all wars created and supported by organized religious philosophies interpreted by socially programmed leaders motivated by power. Spirituality is the energy of compassion and unconditional love.

The prophets and sages we read about had a common dialog: "The acquisition of external things cannot achieve true happiness." For this reason, most of the great prophets and sages were put to death, imprisoned, or forced into

exile by socially programmed leaders who altered their teachings to suit their purposes.

It takes a great deal of deprogramming for the mind to truly embrace unconditional love, compassion, and the love of self and others, the foundation for becoming a spiritual being.

It makes no difference who or what you are; you can become a spiritual being. This is when the mind, body, and spirit can work in harmony, allowing creative thought to manifest health, wealth, and peace of mind.

When you understand that you don't need anything, faith in your spiritual abilities

can bring you many things. It has been said that "thinking is spiritual; it creates our reality." You must always be careful about what you think. Be aware of the internal and external dangers of negative thinking.

The journey to becoming a spiritual being is not always easy. And deprogramming takes work. This is why so many of us suffer from depression and disease. I hope this article can be beneficial to someone else who is reading it.

**W**e are all spiritual beings, a gift given to us at birth, but most are unaware of their spiritual ability to manifest material objects from thought.

Social programming teaches fear and doubt, two significant factors that force us to accept

Answers to Crossword on page 17

S	P	E	A	K		T	E	G		S	A	S	H	
A	O	R	T	A		W	E	I		T	I	N	E	A
D	O	N	O	R		I	N	S		O	A	T	E	N
	H	E	L	M	E	T		M	A	N	N	I	N	G
		L	A	P		L	O	S	E					
B	A	N		S	I	L	O		P	R	E	F	A	B
E	R	O	S		C	I	G	S		S	T	A	R	R
A	G	R	A		S	M	I	T	H		A	R	E	A
R	U	I	N	G		N	C	A	A		L	E	N	D
S	E	A	S	O	N		A	B	I	T		D	A	Y
		F	O	A	L		F	O	E					
P	L	A	Y	E	R	S		C	A	N	T	O	N	
A	U	G	E	R		P	E	R		G	U	L	E	S
C	R	O	W	S		I	R	E		A	D	D	T	O
K	E	G	S			C	A	W		N	E	S	T	S

## HARLEM DAILY NEWSLETTER

SUBSCRIBE TODAY

IT'S FREE

GO TO:

[www.harlemcommunitynews.com](http://www.harlemcommunitynews.com)

"Good News You Can Use"

Pat Stevenson

Celebrating

30 Years

Publishing

Community Newspapers



## HERBS ARE NATURE'S REMEDY

### Kitchen Herbology: Tarragon

By Zakiyyah

**A**s a spice - tarragon makes an excellent vinegar and gives a spicy, sweet flavor to fish, eggs, cheese, and sauces. Of the two types of tarragon, French tarragon has a flavor similar to aniseed or basil, making it more popular in food. *Source: The Complete Book of Spices by John Heinerman*

**As an herb** - use tarragon in a tea to stimulate appetite, as a gargle and mouthwash for bad breath; for insomnia as a warm tea, and to promote menstruation and urination. The freshly crushed herb applied externally helps draw out toxins from rattlesnakes, spider

bites, hornets, wasps, and bee stings.

Because it has a high level of estragole, it must be used with caution; dilution of 1% maximum recommended. Do not use if breastfeeding.

**As an essential oil** - tarragon can benefit the urinary system, help fight infections, and relieve gas. Typically, I use it in Jojoba oil at 3-5% dilution to alleviate stress and tension by rubbing it along the temples, neck, and shoulders.

**As a hydrosol** - tarragon has pronounced antispasmodic properties for the digestive tract and respiratory system; it relieves gas, bloating, and

gastric spasms. It relaxes the nervous system, calming asthma and stress-related physical symptoms. *Source: Hydrosols: The Next Aromatherapy by Suzanne Catty*

MAKE NATURE'S MEDICINE YOUR OWN

*This information is to help you balance your natural healing energies and is not intended either a diagnosis or cure or as a substitute for medical supervision; phone: 347-407-4312, email: theherbalist1750@gmail.com; blog: www.herbsarenaturesmedicine.blogspot.com.*

# GAMES

See answers on pages 16

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
16					17			18				
	19				20		21	22				
		23			24							
25	26	27		28	29		30		31	32	33	34
35		36		37		38		39				
40				41			42		43			
44		45		46			47					
48				49		50		51		52		
				53		54		55		56		
57	58	59	60				61			62	63	
64					65	66		67				68
69					70			71				
72					73			74				

**SUDOKU**

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF** SPECIAL OFFER

**SAFE STEP WALK-IN TUB** 1-855-576-5653

4	2				5				
5						1			
	9	8	3						
	5			2				8	
3				1				9	
1				7				4	
					8	3	6		
		4						1	
				6				8	4

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

See answers on pages 19

# HARLEM COMMUNITY NEWSPAPERS

## Statepoint Crossword THEME: FOOTBALL

### ACROSS

- Command to Fido
- Sheep not yet sheared
- Cap and gown accessory
- Blood line
- Ancient Chinese dynasty
- Ringworm
- Driver's license notation
- Not outs
- Like Cheerios
- \*Piece of football equipment required since 1943
- \*Peyton or Eli
- Napkin spot
- Eminem's 2002 hit "\_\_\_ Yourself"
- Embargo
- Feed storage cylinder
- Like house from a kit
- Greek god of love
- Smokes

- \*Super Bowl I M.V.P. Bart \_\_\_
- Taj Mahal locale
- \*Career rushing yards record holder
- Equals squared
- Regretting
- \*Highest college football level: \_\_\_ Division I
- Extend credit
- \*Seventeen games in NFL
- Somewhat (2 words)
- "Whatever Will Be, Will Be" singer
- Mare's baby
- Not a friend
- \*55 of them
- \*Home of the NFL Hall of Fame
- Hole-borer
- For every
- Color red on coat of arms
- Birds of ill omen
- Outrage
- \_\_\_ shopping cart
- Party barrels

- Sound from one of #69 Across
- Homes for #69 Across

### DOWN

- Down in the dumps
- Cry of contempt
- Marine eagle
- Wake Island, e.g.
- Kismet, pl.
- Foolish one
- Even, poetic
- Useful contraption
- Lamborghini model
- Unfavorable prefix
- "As \_\_\_ on TV"
- Suspend
- Astrigents
- "The Iliad" and "The Odyssey," e.g.
- Venomous Egyptian snake
- Deducible
- \*One of 2 NFL founding teams still in league
- Lock horns
- Waterwheel
- Outline

- Et alii, abbr.
- Got along
- \*Like indoor eight-men football
- \*Career NFL passing yards record holder
- Without
- Wild guess
- Israeli port
- Errand-runners
- Neither's partner
- Nuku'alofa language
- Meat jelly dish
- Musician's exercise
- "\*Go \_\_\_ Go!"
- Fishing decoy
- Awestruck
- Archery wood
- "Ship, Captain, \_\_\_"
- Cutlass or Delta 88, for short
- Remaining after deductions
- \_\_\_ of Good Feelings
- Lusitania's last call

**DON'T MISS ANOTHER ISSUE**

**SUBSCRIBE TODAY!**

**GO TO PAGE 18**

TOP RATED

**BEARDS, BROWS CUTS & COLOR**

**HARLEM MASTERS BARBER SHOP**  
633 LENOX AVENUE  
NEW YORK, NY 10037  
646.388.0450

**NOW HIRING**

WALK-INS WELCOMED  
MONDAY-SATURDAY 9-6PM

## AUTO DONATIONS

Drive Out Breast Cancer: Donate a car today! The benefits of donating your car or boat: Fast Free Pickup - 24hr Response Tax Deduction - Easy To Do! Call 24/7: 855-905-475

## AUTO DONATIONS

Donate your car, truck, boat, RV and more to support our veterans! Schedule a FAST, FREE vehicle pickup and receive a top tax deduction! Call Veteran Car

## AUTO DONATIONS

Wheels For Wishes benefiting Make-A-Wish® Northeast New York. Your Car Donations Matter NOW More Than Ever! Free Vehicle Pick Up ANYWHERE. We Accept Most Vehicles Running or Not. 100% Tax Deductible. Minimal To No Human Contact. Call: (877) 798-9474. Car Donation Foundation d/b/a Wheels For Wishes. www.wheelsforwishes.org.

## CAREER/TRAINING

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-543-6440. (M-F 8am-6pm ET). Computer with internet is required.

## CAREER/TRAINING

COMPUTER & IT TRAINING PROGRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Grants and Scholarships available for certain programs for qualified applicants. Call CTI for details! 844-947-0192 (M-F 8am-6pm ET). Computer with internet is required.

## HEALTH

Stroke and Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-844-475-2434

## HEALTH

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-769-2956

## HEALTH

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844-341-0603 www.dental50plus.com/harlem #6258

## HOME IMPROVEMENT

Prepare for power outages with Briggs & Stratton® #9415; PowerProtect(TM) standby generators - the most powerful home standby generators available. Industry-leading comprehensive warranty - 7 years (\$849 value.) Proudly made in the U.S.A. Call Briggs & Stratton 1-888-895-6795.

## HOME IMPROVEMENT

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 866-393-3636

## HOME IMPROVEMENT

Don't Pay For Covered Home Repairs Again! American Residential Warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE/ \$100 OFF POPULAR PLANS. 833-398-0526

## MISCELLANEOUS

GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per day. Available 24/7 nationwide. BBB Rated A+ Business. Call GoGo to get started. 1-877-265-8006

## MISCELLANEOUS

When you want the best, you want Omaha Steaks! 100% guaranteed and delivered to your door! Our Butcher's Deluxe Package makes a great gift and comes with 8 FREE Burgers ONLY \$99.99. Call 1-855-448-1786 and mention code 77318BXN or visit www.omahasteaks.com/Deluxe9596

## TV INTERNET PHONE

BEST SATELLITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day instal-

## TV INTERNET PHONE

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-833-331-0967

## TV INTERNET PHONE

DIRECTV OVER INTERNET - Get your favorite live TV, sports and local channels. 99% signal reliability! CHOICE Package, \$84.99/mo for 12 months. HBO Max and Premium Channels included for 3 mos (w/CHOICE Package or higher.) No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-877-830-1467

## TV INTERNET PHONE

Choose EarthLink Fiber Internet for speeds up to 5 Gigs, no data caps, no throttling. Prices starting at \$54.95. Plus, a \$100 gift card when you make the switch. Call 1-844-219-0416

## MISCELLANEOUS

FreedomCare. Let your loved ones care for you and get paid! Paid by Medicaid. Choose family or friends as your paid caregiver. Check your eligibility today! Call FreedomCare now! 1-855-502-1782

## TV INTERNET PHONE

Switch and save up to \$250/year on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. For more information, call 1-833-331-0967

**Wheels For Wishes**  
benefiting  
**Make-A-Wish®**  
Northeast New York  
**Your Car Donations Matter**  
**NOW More Than Ever!**

- Free Vehicle Pick Up ANYWHERE
- 100% Tax Deductible
- We Accept Most Vehicles Running or Not
- Minimal To No Human Contact

Call: (877) 798-9474 [WheelsForWishes.org](http://WheelsForWishes.org)

SUBSCRIBE  
TODAY

and get  
"Good News You  
Can Use"

Tell us which edition you'd like (please check one)  
Harlem \_\_\_ Bronx \_\_\_ Brooklyn \_\_\_ Queens \_\_\_

To ensure prompt delivery, please print the following information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Harlem Community Newspapers, Inc

24 issues \$29.95 \_\_\_\_\_ 44 issues \$49.95 \_\_\_\_\_ (for postage & handling)

Mastercard  Visa Acct # \_\_\_\_\_ Exp Date \_\_\_\_\_

Digital copy in email for 52 weeks \$25 \_\_\_ Mail To: Harlem Community Newspapers, Inc.. P.O. Box #1775, NY NY 10027 or go to [harlemcommunitynews.com](http://harlemcommunitynews.com) to subscribe online

# “New Prize for These Eyes: The Rise of America's Second Civil Rights Movement”

By **Juan Williams** REVIEW by Terri Schlichenmeyer, Harlem News contributor

History disagrees on the exact catalyst for the civil rights movement. Still, Juan Williams, author of the new book, “New Prize For These Eyes,” says that “the second civil rights movement” was sparked at the 2004 Democratic National Convention, and it took less than twenty minutes.

Not long after young Senator Barack Obama, whose presence was meant to attract Black voters, began his speech at that convention, he had the audience cheering. He was positive, energetic, and energizing. He spoke of “a new sense of common purpose,” which spurred a second civil rights

movement and a mandate to “deal with... cultural issues that the first one had left unresolved.”

The speech thrust Obama onto the national stage and, with the endorsement of many old-guard figures, ultimately put him in the White House. His presence there wasn’t without issues, both politically and racially, however: the deaths of Trayvon Martin, Michael Brown, and Philando Castile affected Obama’s terms, in part because “he acted only as a referee” and didn’t “take any special level of response as a Black man.” Still, early civil rights leaders agreed with him that America was “better” than than

it was sixty years prior.

Before Obama’s second term was over, a “right-wing backlash” that was “fueled by grievance” ushered Donald Trump into office. Still, by then, young Black Americans had flocked to social media, giving root to the Black Lives Matter movement. “Covid-19 would also transform” the situation.

By the summer of 2024, “the second civil rights movement was far from completing its agenda,” says Williams, but “it had still achieved remarkable success.”

Pay very close attention while you’re reading this book. It’s filled with politics, but there’s a pay-off: author Juan Williams does a little forecasting toward the end of “New Prize for These Eyes,” promising readers a new movement, a third one, to come.

Even if you’re not particularly a politics-watcher, Williams commands your attention to the last twenty years and how they keenly shaped racism and racial issues in America. Sometimes, he seems to invite argument, using Obama as a singular catalyst for this “second” movement and its current continuation, fairly or unfairly, and he places other credits on people and events that will make readers want to find someone to discuss it. The tantalizing idea of a third movement will only

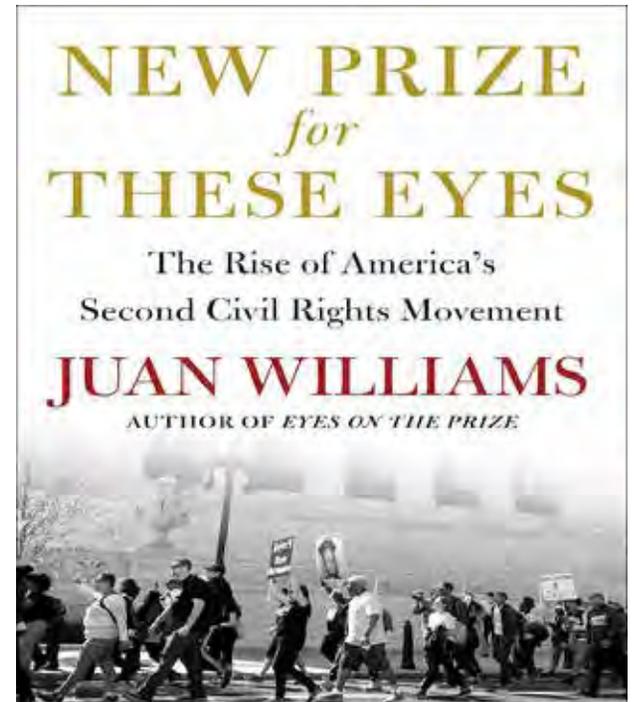
underscore that desire.

As a sequel to Williams’ *Eyes on the Prize*, this is a must-read for anyone who knows where we’ve been and wonders where we’re going.

Author photo by Frank Graves

“New Prize for These Eyes: The Rise of America’s Second Civil Rights Movement” by Juan Williams

c.2025,  
Simon & Schuster  
\$28.99  
271 pages



## SUDOKU ANSWERS

4	2	1	7	9	5	8	3	6
5	3	6	2	8	4	1	9	7
7	9	8	3	6	1	4	2	5
6	5	9	4	2	3	7	1	8
3	4	7	8	1	6	2	5	9
1	8	2	5	7	9	6	4	3
9	7	5	1	4	8	3	6	2
8	6	4	9	3	2	5	7	1
2	1	3	6	5	7	9	8	4

**FIRST CLASS NOTARY**

**OUR SERVICES :**

- General Notary
- Fingerprinting
- In Person Location

## NOTARY PUBLIC

**MON-SAT 12-6**

15 West 118th Street  
New York, NY 10026

(646) 224-6991

[FirstClassNotary.net](http://FirstClassNotary.net)

**LEH  
MAN  
CENTER**

**Box  
Office:**

**718  
960  
8833**

**Buy  
Tickets:**



Tickets: \$45, \$35, \$25 (No Balcony)

February 2 @ 4:00PM

**BREAK!**

# Urban Funk Spectacular

BREAK! The Urban Funk Spectacular traces the history of hip-hop dancing over the last thirty years. It is a tribute to this American urban art form. Cast members have been featured soloists in performances with Madonna, Janet Jackson, B2K, 50 Cent, Whitney Houston, and Luther Vandross.

